

No Artificial Flavor or Sweetener, No Preservatives,
No Sugar, No Starch, No Milk, No Lactose,
No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

WARNING: This product is intended for use by men and is not intended for use by women. If you are taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TO REORDER ITEM # 6053
www.puritan.com
1-800-645-1030

Carefully Manufactured by
PURITAN'S PRIDE, INC.
Rushville, NY 11779 U.S.A.
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PROSTA-METTO[®]

SAW PALMETTO COMPLEX

STANDARDIZED EXTRACT

Supports Prostate
& Urinary Health
in Men*

FLOW GUARD[™]

Herbal Supplement

240 RAPID RELEASE **SOFTGELS**



DIRECTIONS: For adult men, take one (1) softgel twice daily, preferably with meals.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	%Daily Value
Vitamin B-6 (as Pyridoxine Hydrochloride) 5 mg	234%
Zinc (as Zinc Gluconate) 15 mg	136%
Saw Palmetto Extract (<i>Serenoa repens</i>) (berry) (Standardized to contain 85-95% Fatty Acids and Sterols)	150 mg **
Pumpkin Seed Oil (<i>Cucurbita spp.</i>)	40 mg **
Uva-Ursi Extract (<i>Arctostaphylos uva-ursi</i>) (leaf) (Standardized to contain 10% Arbutin)	5 mg **

**Daily Value not established.

Other Ingredients: Gelatin, Vegetable Glycerin, Soy Lecithin, Contains <2% of: Natural Caramel Color, Titanium Dioxide Color, Yellow Beeswax.

Contains soy ingredients.