

**WARNING: NOT FOR USE BY INDIVIDUALS UNDER THE AGE OF 18 YEARS. DO NOT USE IF YOU ARE PREGNANT, NURSING OR ARE A WOMAN OF CHILDBEARING AGE.** Consult a physician or licensed qualified health care professional before using this product if you are a woman, or if you have a family history of, have or have had prostate cancer, prostate enlargement, breast cancer, hormone-sensitive disorder, heart disease, low "good" cholesterol (HDL), high blood pressure, diabetes, an autoimmune disorder, liver disease, kidney disease, thyroid disorder, psychiatric problems, pernicious anemia, nervousness, anxiety, seizure disorder, stroke, are under age 40 or if you are using any other dietary supplement, prescription drug, including MAO inhibitors, or over-the-counter drug or have any other medical condition. Do not exceed recommended serving. Exceeding recommended serving may cause serious adverse health effects.

Possible side effects include acne, oily skin, hair loss, hair growth on the face (in women), increased perspiration, aggressiveness, irritability and increased levels of estrogen. Discontinue use and call a physician or licensed qualified health care professional immediately if you experience rapid heartbeat, dizziness, blurred vision, insomnia, tremors, nervousness, unwanted hair growth, deepening of voice, headache, weight gain, mood changes, high blood pressure, changes in blood lipid levels, breast tenderness, menstrual irregularities or other similar symptoms.

**TO REORDER ITEM # 5031**  
[www.puritan.com](http://www.puritan.com)  
**1-800-645-1030**

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**Puritan's Pride**

**YOUTH GUARD™**

**DHEA 50MG**  
**DEHYDROEPIANDROSTERONE**

**HEALTHY AGING FORMULA\***

**VEGETARIAN DIETARY SUPPLEMENT**

**50** Tablets

**DIRECTIONS:** For adults, take one (1) tablet daily, preferably with a meal. Do not exceed recommended dose.

## Supplement Facts

Serving Size 1 Tablet

| Amount Per Serving                  | %Daily Value |
|-------------------------------------|--------------|
| DHEA (Dehydroepiandrosterone) 50 mg | **           |

\*\*Daily Value not established.

**Other Ingredients:** Calcium Carbonate, Vegetable Cellulose. Contains <2% of: Silica, Vegetable Magnesium Stearate, Vegetable Stearic Acid.

**KEEP OUT OF REACH OF CHILDREN.**

To report any adverse events call **1-800-332-1088**.

Store at room temperature. Do not use if seal under cap is broken or missing.

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish, Sodium Free.**