

Other ingredients: Cellulose, gelatin (capsule from Tilapia and bovine), vegetable stearate, silica, glycerin, water, rosemary extract, mixed tocopherols, ascorbyl palmitate, citric acid, stearic acid, medium chain triglycerides, polysorbate 80, polyglycerol fatty acid esters, citrus oil extract (Citrus sinensis, peel) and titanium dioxide.

This product contains fish oil (anchovies, sardines and mackerel).

Manufactured by:
Douglas Laboratories
600 Boyce Road
Pittsburgh, PA 15205 USA
www.douglaslabs.com
1.800.245.4440

This product contains NO yeast, gluten, soy protein, milk/dairy, corn, sodium, sugar, starch, artificial coloring, preservatives or flavoring.

Suggested Usage: As a dietary supplement, adults take 1 pack daily with meals or as directed by your healthcare professional.

KEEP OUT OF REACH OF CHILDREN.

For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C) (35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.

††Krebs = Citrate, Fumarate, Malate, Glutarate and Succinate Complex.

†††Including Beta-Carotene, Alpha-Carotene, Zeaxanthin, Cryptoxanthin and additional Lutein and Lycopene.

 Caplique is a registered trademark used with permission

 VESISorb is a registered trademark of SOURCEONE GLOBAL PARTNERS

 OxyPhyte® is a registered trademark of RFI Ingredients.

VitaBlue™ is a trademark of FutureCeuticals.

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

Formula #66356

Longevity Support Pack

A Dietary Supplement

 **DOUGLAS**
LABORATORIES®

30 Packs

Supplement Facts

Serving Size 1 Pack
Each Pack Contains 4 Tablets, 4 Capsules, 1 Caplique® Capsule and 2 Softgels
Servings Per Container 30

Amount Per Serving	%DV†
Calories from fat 10	
Total Fat 1.25 g	3%
Vitamin A (33% as Vitamin A Palmitate [2,500 IU]/ 67% [5,000 IU] as Natural Beta-Carotene) from D. Salina with full spectrum carotenoids†† 7,500 IU	150%
Vitamin C (as Ascorbic Acid/Ascorbyl Palmitate/ Calcium and Magnesium Ascorbate complex) 1,700 mg	2,833%
Vitamin D-3 1,500 IU	125%
Vitamin E (natural, as d-alpha-tocopheryl plus mixed tocopherols) 610 IU	2,033%
providing a minimum of:	
Gamma-tocopherol 280 mg	*
Beta and Delta-tocopherols 40 mg	*
Thiamine 50 mg	3,333%
Riboflavin 25 mg	1,471%
Niacin/Niacinamide 95 mg	475%
Vitamin B-6 (as Pyridoxine HCl/ Pyridoxal-5-Phosphate Complex) 50 mg	2,500%
Folate (as L-methylfolate, Metafolin®) 400 mcg	100%
Vitamin B-12 (as methylcobalamin) 125 mcg	2,083%
Biotin 150 mcg	50%
Pantothenic Acid (as d-Calcium Pantothenate) 250 mg	2,500%
Calcium (as Calcium Citrate/Ascorbate/ Carbonate Complex) 250 mg	25%
Iodine (from Kelp) 100 mcg	67%
Magnesium (as Magnesium Aspartate/ Ascorbate/Oxide Complex) 250 mg	63%
Zinc (as Zinc Amino Acid Chelate) 13 mg	87%
Selenium (as Selenium Krebs††/Kelp complex) 100 mcg	143%
Copper (as Copper Amino Acid Chelate) 1 mg	50%
Manganese (as Manganese Aspartate/Sulfate complex) 5 mg	250%
Chromium (Organically bound with GTF activity-low allergenicity) 100 mcg	83%
Molybdenum (as Molybdenum Krebs††) 50 mcg	67%
Potassium (as Potassium Aspartate/ Chloride Complex) 50 mg	1%

Proprietary Organic Fruit and Vegetable Blend 350 mg *

Organic beet powder (root), Organic carrot powder (root), Organic black currant powder (fruit), Organic blueberry powder (fruit), Organic broccoli powder (whole plant), Organic Concord grape powder (fruit), Organic green cabbage powder (whole plant), Organic collard greens powder (leaf), Organic mountain cranberry powder (fruit), Organic kale powder (whole plant), Organic Parsley powder (whole plant), Organic pomegranate powder (fruit), Organic raspberry powder (fruit), Organic spinach powder (whole plant).

N-Acetyl L-Cysteine / L-Cysteine 575 mg *

Amount Per Serving	%DV†
Proprietary Blend 350 mg	*
OxyPhyte® Standardized White Tea Extract (leaf, minimum 90% polyphenols), OxyPhyte® Fruit Blend (apple and pomegranate extracts, fruit) and VitaBlue™ Wild Blueberry Extract (fruit).	
Omega-3 Supercritical CO2 Triglyceride Concentrate 1,250 mg	
Providing:	
EPA (Eicosapentaenoic Acid) 600 mg	*
DHA (Docosahexaenoic Acid) 400 mg	*
Natural Coenzyme Q10 100 mg	*
Alpha-Lipoic Acid 100 mg	*
Betaine (from 75 mg Betaine HCl) 57 mg	*
Garlic (bulb) 50 mg	*
Cauliflower (entire plant) 50 mg	*
Spirulina 50 mg	*
Chlorella (broken cell wall) 50 mg	*
Green Papaya Extract (fruit) 50 mg	*
Rose Hips 50 mg	*
Lemon Bioflavonoids 50 mg	*
Imosil® 40 mg	*
Blackberry (fruit) 35 mg	*
Celery powder (leaf) 35 mg	*
Black radish powder (root) 35 mg	*
Apricot powder (fruit) 35 mg	*
Choline (from 75 mg Choline Citrate/Bitartrate) 30 mg	*
Mixed Tocotrienols (from palm) 25 mg	*
PABA (para-aminobenzoic acid) 25 mg	*
Green Tea Extract (leaf) 25 mg	*
Apple Pectin (fruit) 25 mg	*
Red Wine Proanthocyanidins/Pine Bark Extract 25 mg	*
Bromelain (2,000 GDU/g) 25 mg	*
Hesperidin 17.5 mg	*
Rutin 12.5 mg	*
Glutamic Acid (from 12.5 mg Glutamic Acid HCl) 10 mg	*
L-Methionine 6 mg	*
Lutein (natural) 3 mg	*
Lycopene 3 mg	*
Boron (as Boron Aspartate/Citrate complex) 0.75 mg	*
Zeaxanthin 0.5 mg	*
Trace Elements (from Sea Vegetation) approx. 50 mcg	*
Vanadium (as Vanadium Krebs††) 25 mcg	*

*Daily Value not established.
†Percent Daily Values are based on a 2,000 calorie diet.