


Puritan's Pride® supplements are produced from the finest raw materials under stringent quality control standards. State-of-the-art manufacturing and packaging facilities ensure you the highest quality nutritional supplements money can buy. When it comes to your health...choose the best.

WARNING: If you are pregnant, nursing, taking any medications, including blood thinners, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

Ester-Omega® and  are registered trademarks of The Ester-C Company

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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 Puritan's Pride

COATED

OMEGA-3
Fish Oil 1000mg

300mg ACTIVE OMEGA-3

Purified to
eliminate mercury

Supports Heart Health*



200 Coated Softgels

DIETARY SUPPLEMENT

DIRECTIONS: For adults, take one (1) softgel three times daily, preferably with meals.

Supplement Facts

Serving Size 1 Softgel

| Amount Per Serving | | %Daily Value |
|--|----------------|--------------|
| Calories | 10 | |
| Total Fat | 1 g | 1%** |
| Cholesterol | 5 mg | 2% |
| Ester-Omega® Fish Oil | 1,000 mg (1 g) | *** |
| provides 300 mg of Total Omega-3 Fatty Acids† comprising of: | | *** |
| EPA (Eicosapentaenoic Acid) | | *** |
| DHA (Docosahexaenoic Acid) | | *** |
| Other Fatty Acids | | *** |

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Other Ingredients: Gelatin, Vegetable Glycerin. Contains <2% of Acetylated Monoglycerides, Food Glaze, Mixed Natural Tocopherols, Polysorbate 80, Potassium Sorbate (preservative), Sodium Alginate.

Contains fish (anchovy, herring, mackerel, sardine) ingredients.

Product of Peru †As Natural Triglycerides

No Artificial Color, Flavor or Sweetener, No Sugar, No Starch, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Shellfish.