

FYI® Restore is a highly active systemic enzyme formula, including bromelain and papain, that works with the body's own processes to assist in normal muscle and tissue repair and recovery.[†] **FYI® Restore** uses a natural algae-based enteric coating to ensure the sensitive enzymes are released in the small intestine intact for maximum absorption and effectiveness.

CAUTION: As with any dietary supplement consult your physician before using this product, especially if you are taking blood thinning drugs or are under medical supervision.

Warning: Do not take if you are pregnant or nursing. Stop taking two weeks prior to a planned surgery.

[†] These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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FYI® Restore

Muscle & Tissue Recovery[†]

High Activity Systemic Enzymes
60 Enteric Coated Capsules Dietary Supplement

Suggested Use: Adults take 1 capsule 2 times per day on an empty stomach with water. Not intended for children.

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Amount Per Serving

Restore Systemic Enzyme Blend	275 mg*
Bromelain (4,500,000 FCC PU)	
Protease (35,000 HUT)	
Nattokinase (500 FU)	
Serratopeptidase (10,000 U)	
Papain (500,000 FCC PU)	
Bioflavonoid Complex	75 mg*
Rutin, Citrus Bioflavonoids	
Mineral Enzyme Activators	5 mg*
Red Algae (Algas calcareas), alfalfa in an ocean-based ionic mineral blend	

+ Daily Value not established.

Other ingredients: Vegetable cellulose, silicon dioxide, magnesium stearate (vegetable source). Contains (fermented) soy.

Vegetarian. Dairy Free. Gluten Free.

Store in a cool, dry place.
Do not use if safety seal is broken or missing.
Keep out of reach of children.



We Buy 100% Certified
Renewable Energy

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5500 Village Blvd., West Palm Beach, FL 33407 USA
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