

Puritan's Pride® supplements are produced from the finest raw materials under stringent quality control standards. State-of-the-art manufacturing and packaging facilities ensure you the highest quality nutritional supplements money can buy. When it comes to your health...choose the best.

**WARNING:** If you are pregnant, nursing, taking any medications, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

This product contains 180 mg of Vitamin E, which is equivalent to 400 IU.

**TO REORDER ITEM # 1261**  
[www.puritan.com](http://www.puritan.com)  
1-800-645-1030

Carefully Manufactured by  
**PURITAN'S PRIDE, INC.**  
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Puritan's Pride

**C-500 mg**

with Wild Rose Hips &

**E-180 mg**

(400 IU)



**100**  
Rapid Release  
Softgels

VITAMIN SUPPLEMENT

**DIRECTIONS:** For adults, take one (1) softgel one to two times daily, preferably with meals.

## Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	%Daily Value	
Vitamin C (as Ascorbic Acid)	500 mg	556%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	180 mg	1,200%
Mixed Tocopherols (providing d-Gamma, d-Delta, d-Alpha, d-Beta Tocopherols)	2 mg	*
Rose Hips ( <i>Rosa canina</i> ) (fruit)	20 mg	*

\*Daily Value not established.

Other Ingredients: Gelatin, Vegetable Glycerin, Soybean Oil. Contains <2% of: Natural Caramel Color, Soy Lecithin, Yellow Beeswax.

Contains soy ingredients.

No Artificial Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Fish, Sodium Free.