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Puritan's Pride® supplements are produced from the finest raw materials under stringent quality control standards. State-of-the-art manufacturing and packaging facilities ensure you the highest quality nutritional supplements money can buy. When it comes to your health...choose the best.

WARNING: If you are pregnant, nursing, taking any medications, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

3 SOLVENT FREE



TO REORDER ITEM # 7732
www.puritan.com
1-800-645-1030

Carefully Manufactured by
PURITAN'S PRIDE, INC.
Ronkonkoma, NY 11779 U.S.A.
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B29108 13F



Puritan's Pride

MAX GLA™

BORAGE OIL
1000mg



A Natural Source
of GLA

DIETARY SUPPLEMENT

100 rapid release
softgels

DIRECTIONS: For adults, take one (1) softgel three times daily, preferably with meals.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving		%Daily Value
Calories	10	
Total Fat	1 g	1%*
Polyunsaturated Fat	0.5 g	**
Borage Oil	1,000 mg (1 g)	**
<i>(Borago officinalis)</i> (seed) which typically contains:		
Gamma Linolenic Acid (GLA)	190 mg	**
Linoleic Acid (LA)	350 mg	**

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

Other Ingredients: Gelatin, Vegetable Glycerin.

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.