



FYI®

Joint & Tissue Food

Contains Chicken Collagen

90 Caplets Whole Food Dietary Supplement

Supplement Facts

Serving Size 3 Caplets

Servings Per Container 30

	Amt. Per Serving	% Daily Value ¹
Total Calories	10	
Sodium	20mg	1%
Total Carbohydrate	2g	1%
Dietary Fiber	1g	4%
Protein	<1g	2%
Calcium	57mg	6%
Iron**	1mg	5%
Chicken Collagen Extract	807mg	+
Poten-Zyme® Botanical Blend	576mg	+
Ginger (<i>Zingiber officinale</i>) root and juice, Cat's Claw (<i>Uncaria tomentosa</i>) bark, Barley Grass Juice*, Turmeric root		
Phytonutrient Blend	505mg	+
Rhodiola rosea extract, Turmeric Extract (root), Phytoestrogens, Boswellia serrata, Bayberry Bark and Leaf Extract, Green Algae (<i>Ulva lactuca</i>) Extract, Brown Algae Extract		
Syrian Oregano	459mg	+
Systemic Enzyme Blend	348mg	+
Protease Blend 75,000 HUT, Bromelain 2,000,000 FCCPU, Papain 225,000 FCCPU, Amylase 3,500 DU, Lipase 1,500 FCCLU, Cellulase 450 CU		

¹ Percent Daily Values based on 2,000 calorie diet

+ Daily Value not established

* Organic ** Naturally Occurring

Other ingredients: microcrystalline cellulose, calcium carbonate, sodium crosscarmellose, silica, stearic acid, vegetable coating, probiotic cultures.

The ingredients in FYI® include naturally occurring compounds to maintain normal joint function and mobility to support healthy metabolism in connective tissue.[†]

Suggested Use: Adults take 1 caplet 3 times per day preferably on an empty stomach. Not intended for children.

Caution: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision.

Store in a cool, dry place. Do not use if safety seal is broken or missing.

This product is made with natural ingredients; therefore color may vary from lot to lot.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call your doctor or poison control center immediately.



Recyclable Bottle



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