

adora[®]

Rich Milk Chocolate

CALCIUM SUPPLEMENT

30 DISKS each contains:

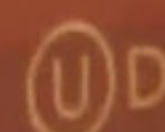
CALCIUM 500 mg

VITAMIN D3 500 IU

MAGNESIUM 40 mg



SUPPORTS BETTER BONE HEALTH



Made With Rich Milk Chocolate

Also try **ADORA[®]** Rich Dark Chocolate

Bone health is important at all ages* and statistics show that most people are not getting enough calcium. **Adora[®] Calcium Supplement** is a delicious way to get the calcium you need every day. Each disk provides approximately half of your Daily Value of calcium with vitamin **D3** and **magnesium** for optimal absorption.**

Adequate calcium and vitamin D throughout life, as part of a well-balanced diet, may reduce the risk of osteoporosis.*

YOUR BODY NEEDS CALCIUM*

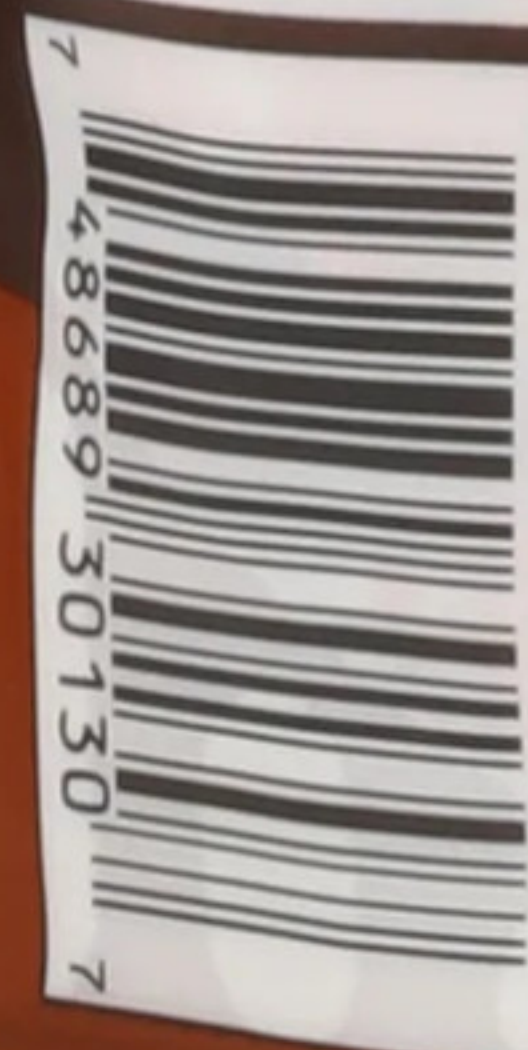
Age	Calcium mg/day**	Adora servings/day
4-8	1000	1-2
9-18	1300	2-3
19-50	1000	2
51+	1200	2-3

*SOURCE: The Surgeon General's Report on Bone Health and Osteoporosis: What it Means to You.

DIRECTIONS: Take one disk up to three times per day, preferably with meals, or as recommended by your doctor. Though you may be tempted with **ADORA[®] Calcium Supplement**, please consume as a dietary supplement. Daily intake of calcium above 2500 mg is not advised.

STORAGE INFORMATION: Keep out of reach of children and pets. Store in a cool, dry place to prevent chocolate from melting.

**These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any diseases.



MR001
06/22
BEST BUY

Supplement Facts

30 Servings Per Container
Serving Size One Disk (7g)

	Amount per Serving	% Daily Value
Calories	30	
Total Fat	2g	3%*
Saturated Fat	1.5g	8%*
Total Carbohydrate	3g	1%*
Total Sugars	3g	**
Includes 2g Added Sugars		4%*
Protein	0g	
Vitamin D	12mcg	60%
Calcium	504mg	39%
Magnesium	39mg	9%
Sodium	0mg	0%

*Percent Daily Values Are based on a 2,000 calorie diet.

**Daily Value not established.

INGREDIENTS: Sugar, Calcium Carbonate, Cocoa Butter, Milk, Chocolate Liquor, Magnesium Oxide, Soy Lecithin, Vanilla Extract, Vitamin D3 (Cholecalciferol, derived from lanolin).

Contains Milk, Soy.

Made in a facility that processes tree nuts.

Fairtrade cocoa, sugar and vanilla: mass balance is used to match Fairtrade sourcing.
Visit info.fairtrade.net/sourcing



Made in USA by
Thompson Brands LLC
80 South Vine Street
Meriden, CT 06451

www.AdoraCalcium.com

