

SUPER B-COMPLEX

Suggested Use: As a dietary supplement take 2 tablespoons (1 oz.) daily. May be mixed with juice.

Contains no milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, sugar or soy.

SHAKE WELL BEFORE USE.

EFFECTIVE NATURAL PRODUCTS
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SUPER B-COMPLEX



Dietary Supplement

3 OZ (3 Servings)

Supplement Facts

Serving Size: 1 oz. (30 ml)

	Amount Per Serving	% Daily Value
Thiamin (Thiamin HCl)	25 mg	1,667%
Riboflavin	50 mg	2,941%
Niacin (Niacinamide)	50 mg	250%
Vitamin B6 (as Pyridoxine HCl)	50 mg	2,500%
Folate (Folic Acid)	900 mcg	225%
Vitamin B12 (Cyanocobalamin)	500 mcg	8,333%
Biotin	300 mcg	100%
Pantothenic Acid (as D-Calcium Pantothenate)	100 mg	1,000%
Choline (as Choline Bitartrate)	30 mg	**
Inositol	25 mg	**
DMG (Dimethylglycine)	25 mg	**

Percent Daily Values are based on a 2000 calorie diet.

**Daily Value not established

Other ingredients: Purified Water, Glycerin, Natural Flavors, Stevia, Aloe Vera, Vegetable Gum, Citric Acid, and Potassium Sorbate.

* These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

