Directions: As a dietary supplement, take four capsules once daily or as directed by a healthcare practitioner.

Bluebonnet's Amino Acid Vegetable Capsules are formulated with amino acids and dipeptide bonded amino acids derived entirely from whey lactalbumin and egg white albumin proteins for muscle growth, strength and repair.

Free of fish, crustacean shellfish, tree nuts, peanuts,

wheat, soybeans and sesame. Also free of corn, gluten, barley, rice, sodium and sugar.

Caution: For adults only. Consult physician if pregnant/ nursing, taking medication, or have a medical condition. Keep out of reach of children.

Bluebonnet's KOF-K Certification #K-0000700

Manufactured by Bluebonnet Nutrition Corporation 12915 Dairy Ashford Sugar Land, TX 77478 USA

bluebonnetnutrition.com







Amino Acid 750 mg

Muscle Growth, Strength & Repair •

Supplement Facts

% Daily

Serving Size 4 Capsules Servings Per Container 45 Amount Per Serving

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Calories		12	
Protein		3 g	6%**
Amino Acid Comple (from whey lactal	ex bumin & egg	3000 mg albumin proteins)	•
Amino Acid Profile	9		
L-Alanine	140 mg	L-Phenylalanine	115 mg
L-Arginine	95 mg	L-Proline	150 mg
L-Aspartic Acid	235 mg	L-Serine	155 mg
L-Carnitine	15 mg	L-Threonine	140 mg
L-Cystine	60 mg	L-Tryptophan	40 mg
L-Glutamic Acid	375 mg	L-Tyrosine	85 mg
L-Glycine	65 mg	Branched Chain Amino Acids	
L-Histidine	50 mg	L-Isoleucine	155 mg
L-Lysine	205 mg	L-Leucine	255 mg
L-Methionine	80 ma	L-Valine	165 mg



** Percent Daily Value based on a 2,000 calorie diet Other ingredients: Capsule (hypromellose, purified water), vegetable magnesium stearate.

Contains: Milk. egg

* Daily Value not established.