

**Suggested Use:** Shake well. Add 20-60 drops to water, 1-4 times per day. The presence of particulate matter in this product is normal.

**Caution:** Do not use with diarrhea, abdominal pain, while pregnant or nursing. Consult a practitioner before taking with medication or existing medical condition. Do not exceed recommended dose. Keep out of the reach of children.

Produced and distributed for:  
**Wise Woman Herbals®**  
Creswell, OR 97426  
541.895.5152  
wisewomanherbals.com

Lot# xxxxx  
Best used by: xx/xx/xx  
Organic alcohol: 20-30%  
Herb strength ratio: 1:5



BOTANICAL FORMULA



## RHAMNUS PUR. CASCARA SAGRADA

Dietary Supplement  
2 fluid oz. (60 mL)

### Supplement Facts

Serving Size: 60 drops  
Servings Per Container: 20

	Amount Per Serving	% Daily Value
Proprietary blend:	3 mL	
cascara sagrada (bark)		*

\*Daily value not established

**Other Ingredients:** spring water and organic alcohol

Store in a cool, dry area away from direct sunlight with the lid tightly sealed.