Invigorate your body and awaken your mind with stimulant-free Clear Energy⁴ The Poten-Zyme® Vitamin B Energy & Adaptogen Blend features essential water-soluble B vitamins that support energy and metabolism. Also included is Rhodiola rosea, known to support physical and mental endurance plus a healthy response to stress.7

Caution: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, anticipate surgery, take medication on a regular basis or are otherwise under medical

This product is made with natural ingredients. Contains no guarana, caffeine, artificial colors or preservatives. Color may vary from lot to lot. Store in a cool dry place. Do not use if safety seal is broken or missing.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Clear Energy

Mind and Body Power

60 Vegetarian Caplets

With BVitamins & Rhodiola rosea

Whole Food Dietary Supplemen

Suggested Use: Adults may take 1 caplet twice daily with meals Idantogenic herbs may require several weeks of use for the full effect

Supplement Facts

Serving Size 2 Caplets Servings Per Container 30

	Amt. Per Serving	%DV1
Vitamin B ₂ *	1.7mg	100%
Vitamin B ₃ *	20mg	100%
Vitamin B _c *	2mg	100%
Vitamin B ₁₂ *	6mcg	100%
Poten-Zyme® Vitamin B		

Energy & Adaptogen Blend* Maca root extract. Rhodiola rosea root extract

(3% rosavins). Poten-Zyme® Niacinamide. Poten-Zyme® Vitamin B₂. Poten-Zyme® Vitamin B₆. Poten-Zyme® Vitamin B.,

Herbal Energy Blend 252ma American Ginseng root, Eleutherococcus senticosus root. Astragalus root, Schizandra fruit.

Codonopsis root, Lycium fruit, Polygonum root, Licorice root Percent Daily Values (DV) are based on a 2,000 calorie diet

+ Daily Values not established

* Produced through Garden of Life's proprietary

Poten-Zyme³ fermentation process

Other ingredients: microcrystalline cellulose, stearates (vegetable source), sodium croscarmellose, silicon dioxide