



60 Vegetable Capsules

Daily
Nutrition for
Immune Support ♦

Dietary Supplement

IMMUNE
ONE
WHOLE FOOD-BASED MULTIPLE



Bluebonnet®



♦These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Directions: As a dietary supplement, take one capsule daily, preferably with a meal or as directed by a healthcare practitioner.

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamins & Minerals			
Vitamin A (as 1500 IU vitamin A palmitate) (as 3000 IU beta-carotene)	900 mcg 100%	Copper (as bisglycinate chelate)	0.9 mg 100%
Vitamin C (as L-ascorbic acid)	250 mg 278%	Manganese (as bisglycinate chelate)	2.3 mg 100%
Vitamin D ₃ (as 2000 IU cholecalciferol)	50 mcg 250%	Chromium (as nicotinate glycinate chelate)	35 mcg 100%
Vitamin E (as 22.4 IU d-alpha tocopheryl succinate from sunflower)	15 mg 100%	Molybdenum (as glycinate chelate)	45 mcg 100%
Thiamin (as thiamin mononitrate)	20 mg 1667%	Vitamin K (as menaquinone-7 [K ₂] from natto)	20 mcg *
Riboflavin (as riboflavin, riboflavin 5' phosphate)	20 mg 1538%	Immune Support Blend ♦	100 mg *
Niacin (as niacinamide)	20 mg 125%	(andrographis leaf extract, ashwagandha root extract, astragalus root extract, cordyceps mycelium extract, elderberry fruit extract, maitake mushroom extract, N-acetyl L-cysteine, olive leaf herb extract, organic shiitake mushroom mycelial biomass & fruit body powder, quercetin)	
Vitamin B ₆ (as pyridoxine HCl, pyridoxal 5' phosphate)	20 mg 1176%	Organic Whole Food Vegetable Blend	10 mg *
Folate (as [5S]-5-methyltetrahydrofolic acid, glucosamine salt [vegetarian source], folic acid)	400 mcg DFE 100%	(organic barley grass, organic cabbage, organic parsley, organic chlorella, organic spirulina, organic sea kelp, organic kale, organic broccoli, organic dandelion leaf, organic broccoli sprout, organic dulse)	
Vitamin B ₁₂ (as methylcobalamin)	25 mcg 1042%	Plant Source	10 mg *
Biotin (as D-biotin)	50 mcg 167%	Digestive Enzyme Blend	
Pantothenic Acid (as calcium D-pantothenate)	10 mg 200%	(bromelain [from pineapple 2000 GDU/gram], papain [from papaya], amylase, cellulase, glucoamylase, lipase, protease)	
Calcium (as calcium citrate)	25 mg 2%		
Iodine (as potassium iodide)	150 mcg 100%		
Magnesium (as aspartate)	25 mg 6%		
Zinc (as bisglycinate chelate)	15 mg 136%		
Selenium (as glycinate complex)	70 mcg 127%		

* Daily Value not established.

Other ingredients: Capsule (hypromellose, purified water), vegetable cellulose, vegetable magnesium stearate, silicon dioxide.

Manufactured by
Bluebonnet Nutrition Corporation
12915 Dairy Ashford
Sugar Land, TX 77478 USA
bluebonnetnutrition.com

Free of milk, egg, fish, crustacean shellfish,
tree nuts, peanuts, wheat, soybeans and sesame.
Also free of gluten and sugar.

Minerals are shown in their elemental value.
Bluebonnet's KOF-K Certification #K-0000700
Albion Advanced Nutrition Amino Acid Complex
Immune One™ is a trademark of
Bluebonnet Nutrition Corporation.



This product is not produced with genetic engineering methods or materials according to the requirements of the NSF Non-GMO Certification Program. For more information visit nsfnonmo.org.

CAUTION: If you are on blood thinning medication, this product is not recommended. Keep out of reach of children.