

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

6 43715 00175 7

0175E

Bluebonnet



Early Promise PRENATAL

GENTLE MULTIPLE

Essential Vitamins and
Minerals Recommended for
Pregnant and Nursing Women ♦

Dietary Supplement
120 Caplets



Directions: As a dietary supplement, take two caplets once daily, preferably with a meal or as directed by a healthcare practitioner.

Supplement Facts

Serving Size 2 Caplets
Servings Per Container 60

Amount Per Serving	% Daily Value Pregnant Women	% Daily Value General Population
Vitamin A (as beta-carotene 2500 IU) (as vitamin A palmitate 2500 IU)	1125 mcg	87%
Vitamin C (as calcium ascorbate)	120 mg	100%
Vitamin D ₃ (as 800 IU cholecalciferol)	20 mcg	133%
Vitamin E (as 100 IU d-alpha-tocopheryl succinate)	67 mg	353%
Thiamin (as thiamin mononitrate)	5 mg	357%
Riboflavin (as riboflavin)	5 mg	313%
Niacin (as niacinamide)	20 mg	111%
Vitamin B ₆ (as pyridoxine HCl)	5 mg	250%
Folate (as 800 mcg folic acid)	1334 mcg DFE	222%
Vitamin B ₁₂ (as cyanocobalamin)	12 mcg	429%
Biotin	300 mcg	857%
Pantothenic Acid (as calcium D-pantothenate)	10 mg	143%
Calcium (as citrate, carbonate)	400 mg	31%
Iron (as bisglycinate chelate)	27 mg	100%
Iodine (as potassium iodide)	150 mcg	52%
Magnesium (as citrate, bisglycinate chelate, oxide)	200 mg	50%
Zinc (as bisglycinate chelate)	15 mg	115%
Selenium (as glycinate complex)	50 mcg	71%
Copper (as bisglycinate chelate)	2 mg	154%
Manganese (as bisglycinate chelate)	3 mg	115%
Chromium (as nicotinate glycinate chelate)	120 mcg	267%
Molybdenum (as glycinate chelate)	75 mcg	150%
Choline (as bitartrate)	123 mg	22%
Lutein (from marigold flower extract)	25 mcg	*
Lycopene (from tomato extract)	25 mcg	*
Super Fruit and Vegetable Blend (grape and grape seed extract, wild blueberry and wild blueberry extract, raspberry and raspberry seed concentrate, tart cherry, wild bilberry and wild bilberry extract, strawberry, broccoli sprout concentrate, onion extract, tomato, broccoli, carrot, kale, brussels sprout)	100 mg	*

*Daily Value not established.

Other ingredients: Vegetable cellulose, stearic acid, vegetable magnesium stearate, vegetable beef glue.

Contains: Soybeans

Manufactured by Bluebonnet Nutrition Corporation
12015 Dairy Ashford, Sugar Land, TX 77478 USA
bluebonnetnutrition.com

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and sesame.

Also free of gluten, barley and sugar.

Minerals are shown in their elemental value.

Bluebonnet's KOF-K Certification #K-0000700

Early Promise Prenatal® is a registered trademark of Bluebonnet Nutrition Corporation.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication or have a medical condition. Keep out of reach of children.

Albion Advanced
Nutrition Amino
Acid Complex

