

Directions: As a dietary supplement, take one tablespoon (15 mL) daily or as directed by a healthcare practitioner.

Bluebonnet's Liquid Calcium Magnesium Citrate & Vitamin D₃ is formulated with calcium in a chelate of calcium citrate, as well as magnesium in a chelate of magnesium citrate and magnesium aspartate in a delicious raspberry flavor. Plus, this formula contains vitamin D₃ (cholecalciferol) from lanolin for strong healthy bones. ♦

KOF-K Certification #0003138

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

**Shake well before serving.
Refrigerate after opening.**

♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Made in USA
from domestic
and imported
ingredients.

Bluebonnet

LIQUID

Calcium Magnesium Citrate & Vitamin D₃

Dietary Supplement

**MILK
FREE**



Raspberry Flavor



16 FL OZ (473 mL)



Supplement Facts

Serving Size 1 Tablespoon (15 mL)

Servings Per Container 32

Amount Per Serving		% Daily Value
Calories	20	
Total Carbohydrate	2 g	1%**
Total Sugars (as fructose)	1 g	*
Includes 1 g added sugars		2%**
Vitamin D ₃ (as 400 IU cholecalciferol)	10 mcg	50%
Calcium (as citrate)	600 mg	46%
Magnesium (as citrate, aspartate)	300 mg	71%

**Percent Daily Value based on a 2,000 calorie diet.

*Daily value not established.

Other ingredients: Filtered water, fructose, citric acid, natural raspberry flavor, xanthan gum, carrageenan.

Manufactured for
Bluebonnet Nutrition Corporation
12915 Dairy Ashford
Sugar Land, Texas 77478 USA
www.bluebonnetnutrition.com



Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and soybeans.

Also free of yeast, gluten, barley, rice and sodium.

Minerals are shown in their elemental value.