

Bluebonnet's Liquid Calcium Magnesium Citrate & Vitamin D3 is formulated with calcium in a chelate of calcium citrate, as well as magnesium in a chelate of magnesium citrate and magnesium aspartate in a delicious lemon flavor. Plus, this formula contains vitamin D3 (cholecalciferol) from lanolin for strong healthy bones.♦

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and soybeans.

Also free of yeast, gluten, barley, rice and sodium.

Minerals are shown in their elemental value.

KOF-K Certification #K-0003138

Made in USA from domestic and imported ingredients

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Shake well before serving. Refrigerate after opening.

♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Bluebonnet

LIQUID

Calcium Magnesium Citrate & Vitamin D₃

Dietary Supplement



Lemon Flavor

16 FL OZ (473 mL)

**MILK
FREE**



Directions: As a dietary supplement, take one tablespoon (15 mL) daily or as directed by a healthcare practitioner.

Supplement Facts

Serving Size 1 Tablespoon (15 mL)

Servings Per Container 32

Amount Per Serving		% Daily Value
Calories	20	
Total Carbohydrate	2 g	1%**
Total Sugars (as fructose)	1 g	*
Includes 1 g added sugars		2%**
Vitamin D ₃ (as 400 IU cholecalciferol)	10 mcg	50%
Calcium (as citrate)	600 mg	46%
Magnesium (as citrate, aspartate)	300 mg	71%

**Percent Daily Value based on a 2,000 calorie diet.

*Daily value not established

Other ingredients: Filtered water, fructose, citric acid, natural lemon flavor, xanthan gum, carrageenan.

Manufactured for
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