

SOFTGEL SIZE

Made in the USA



CODE 2311
V2

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

SUGGESTED USAGE: As a dietary supplement, take 2-3 softgels daily with food. Consider taking these other NOW® products: L-Carnitine, Omega-3 Fish Oil and CoQ10.

NOW® Sunflower Lecithin has Phosphatidyl Choline, the most abundant phospholipid in the cell membrane, where it plays a key role in cellular signaling and synaptic function. NOW® Sunflower Lecithin also naturally abounds in Phosphatidyl Inositol, Phosphatidyl Ethanolamine, and essential fatty acids. Lecithin in the diet aids in emulsifying fats, enabling them to be dispersed in water, and as a choline-containing phospholipid, its choline is easily absorbed and utilized by the body.* NOW® Sunflower Lecithin Softgels are Non-GMO and Soy-Free.



Sunflower Lecithin

NERVOUS SYSTEM SUPPORT*

1200 mg

- Soy-Free, Non-GMO
- With Phosphatidyl Choline

100 Softgels
A Dietary Supplement



Supplement Facts

Serving Size 3 Softgels

Servings Per Container 33

	Amount Per Serving	% Daily Value
Calories	30	
Calories from Fat	20	
Total Fat	2 g	3%*
Saturated Fat	0 g	0%*
Trans Fat	0 g	†
Polyunsaturated Fat	2 g	†
Sunflower Lecithin	3.6 g (3,600 mg)	†
Phosphatidyl Choline	630 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Softgel Capsule (gelatin, glycerin, water) and Sunflower Oil.

Formulated & Distributed by NOW FOODS

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For more product information visit www.nowfoods.com/2311

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry place after opening. Please Recycle.