

PRODUCT INFORMATION

3 capsules typically provide:		(%NRV*)
Co-Enzyme Q10	300mg	
Shilajit Extract (60% Fulvic Acid)	210mg	
PQQ (Pyrroloquinoline Quinone)	20mg	
Thiamin (Vitamin B1)	1.1mg	100%
Vitamin B6 (as Pyridoxal 5-Phosphate)	1.4mg	100%

*Nutrient Reference Value

INGREDIENTS:

Rice Bran, Capsule Shell, Hydroxypropyl Methylcellulose, Co-Enzyme Q10, Shilajit Extract, Pyrroloquinoline Quinone Disodium Salt, Vitamin B6 (as Pyridoxal 5-Phosphate), Thiamin.

Manufactured in the UK to GMP code of practice for: **SwissBioEnergetics**, Countercom Ltd 310 Harrow Road, Middlesex, HA9 6LL

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FOOD SUPPLEMENT



Swiss BioEnergetics

MitoDefence

CoQ10 + PQQ + Shilajit
300mg 20mg 210mg

ALL-IN-ONE

Mitochondrial Support
with enhanced absorption



90

CAPSULES
30 DAY
SUPPLY

DIRECTIONS:

Adults take 3 capsules daily with food and water. Do not exceed recommended daily dose.

ALLERGY ADVICE:

Although rigorous precautions are taken to prevent any cross-contamination, this product is manufactured in a facility that handles allergy-based materials.

CAUTIONS:

Always consult your health practitioner before taking nutritional supplements, especially if you are taking medication or are under medical supervision. Not recommended for use by pregnant or breastfeeding women. You should not take supplements as a substitute for a varied balanced diet or healthy lifestyle. Store in a cool dry place, out of reach of children.

Best Before:

For best before end & batch number see base.



VEGETARIAN & VEGAN FRIENDLY



GLUTEN FREE



LACTOSE FREE