

L-Lysine

High Strength Essential Amino Acid promoting absorption of calcium and healthy hormonal stress responses Suitable for Vegetarians and Vegans



Food Supplement 1000mg 90 Tablets

DIRECTIONS:

Take one tablet 1–2 times per day on an empty stomach, or as instructed by your health care practitioner.

INGREDIENTS:

L-Lysine 1000mg, Magnesium Stearate, Microcrystalline Cellulose 101.

ALLERGY ADVICE:

Although rigorous precautions are taken to prevent any cross-contamination, this product is manufactured in a facility that also handles allergy-based materials such as nuts, seeds, milk, egg, cereals, soya, mustard, celery, fish, crustaceans and sulphites.

CAUTIONS:

Always consult your health practitioner before taking nutritional supplements if you are taking medication or are under medical supervision. You should not take supplements as a substitute for a varied balanced diet. Store in a cool dry place, out of reach of children. Do not exceed stated dose. Lysine can increase how much calcium the body absorbs. Taking calcium along with lysine can increase the amount of calcium in the body. Avoid taking

BEST BEFORE

HA9 GLL

For best before end and batch number see base of bottle.

large amounts of calcium and lysine at the same time.

Manufactured in the UK to GAP code of practice and ISB 90002000 quality assumed certification for:

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