



Swiss BioEnergetics

Evening Primrose Oil

High Gamma-Linolenic Acid (GLA) Value

Vegan Soft-Gels

Suitable for Vegetarians & Vegans



Food Supplement

1000 mg

90 Soft Gel Capsules

DIRECTIONS:

Take 1 to 3 capsules daily, preferably with a meal.

INGREDIENTS:

Evening Primrose Oil 1000mg, Soft Gel Capsule Shell (Carrageenan, Modified Starch, Glycerin, Purified Water), Vitamin E (dl-Alpha-Tocopheryl Acetate) 5.7mg (47.5% NRV*).

*NRV = Nutrient Reference Value

Providing:

Linolenic Acid 716mg

Gamma-Linolenic Acid 90mg

CAUTIONS:

Always consult your health practitioner before taking nutritional supplements if you are taking medication or are under medical supervision.

You should not take supplements as a substitute for a varied balanced diet.

Store in a cool dry place, out of reach of children.

Do not exceed stated dose.

Epileptics and those taking medications for schizophrenia should avoid Evening Primrose Oil supplements.

ALLERGIES/INTOLERANCES:

Not suitable for anyone wishing to remove starch from their diet.

This product is manufactured in a facility that also handles allergy based materials such as nuts, seeds, milk, egg, cereals, soya, mustard, celery, fish, crustaceans and sulphites.

BEST BEFORE:

For best before end and batch number see base of bottle.

Manufactured in the UK to GMP code of practice for Countercom Ltd, 310 Harrow Road, Middlesex, HA9 6LL

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