

# Biotin

Maximum Strength 10,000mcg Supports Healthy Skin, Hair & Nails



Food Supplement 10000mcg 120 Tablets

#### DIRECTIONS:

Take 1 tablet daily with a meal or as directed by your health practitioner.

### ACTIVE INGREDIENTS PER TABLET:

Biotin 10,000mcg.

## OTHER INGREDIENTS:

Dicalcium Phosphate, Microcrystalline Cellulose, Magnesium Stearate.

#### CAUTIONS:

Always consult your health practitioner before taking nutritional supplements if you are taking medication or are under medical supervision.

Pregnant or lactating mothers should consult a health practitioner before using health supplements.

You should not take supplements as a substitute for a varied balanced diet.

Store in a cool dry place, out of reach of children.

Do not exceed stated dose unless under instruction from your health practitioner.

Raw egg white prevents blotin absorption.

Manufactured in the UK to GMP code of practice and ISO 9001:2006 quality assurance certification for:

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HAS GLL

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