

DIRECTIONS:

Take 1 capsule 1-2 times per day with water.

Alpha Lipoic Acid 300mg.

ACTIVE INGREDIENTS PER CAPSULE:

OTHER INGREDIENTS: Hydroxypropyl Methylcellulose (HPMC) Capsule Shell, DiCalcium

Phosphate, Silicon Dioxide, Magnesium Stearate, Maltodextrin.

ALLERGY ADVICE: Potential allergens contained in this product are shown in bold in the ingredient list. Although rigorous precautions are taken to prevent any cross-contamination, this product is manufactured in

CAUTIONS: Always consult your health practitioner before taking nutritional

supplements, especially if you are taking medication or are under medical supervision. You should not take supplements as a substitute for a varied balanced diet or healthy lifestyle. Store in a cool dry place, out of reach of children.

Alpha Lipoic Acid

Dual ALA form containing both R-ALA and S-ALA Suitable for Vegetarians and Vegans



Food Supplement 300mg

BEST BEFORE: For best before end and batch number see base.

a facility that handles allergy-based materials.

