



Swiss BioEnergetics

5-HTP

extracted from
Griffonia Seed

Suitable for Vegetarians & Vegans



Food Supplement

400mg
Whole Griffonia Seed Equivalent
90 Capsules

DIRECTIONS:

Adults, take 4 capsules daily, ideally on an empty stomach or a carbohydrate only snack. Do not exceed recommended amount.

PRODUCT INFORMATION:

Four capsules typically provide:

5-HTP
From Griffonia Seed

200mg
1600mg whole seed
equivalent (from extract)

INGREDIENTS:

Bulking Agent: Brown Rice Flour, Capsule Shell: Hydroxypropyl Methylcellulose (HPMC), Griffonia Seed Extract, Flow Agent: Magnesium Stearate.

ALLERGY ADVICE:

Although rigorous precautions are taken to prevent any cross-contamination, this product is manufactured in a facility that handles allergy-based materials.

CAUTIONS:

Always consult your health practitioner before taking nutritional supplements, especially if you are taking medication or are under medical supervision. Not recommended for children, pregnant or lactating women. You should not take supplements as a substitute for a varied balanced diet or healthy lifestyle. Store in a cool, dry & dark place, under 25 degrees, out of reach of children.

BEST BEFORE:

For best before end and batch number see base.

Manufactured to the GMP code of practice for:
Countercom Ltd, 310 Harrow Road,
Middlesex, HA9 6LL

Email: service@swissbioenergetics.com
Web: www.swissbioenergetics.com

