SOFTGEL SIZE

7 33739 01839 7

CODE 1839
V4

SUGGESTED USAGE: As a dietary supplement, take 2 softgels 1 to 3 times daily with food.

Supportive but not conclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease.

Super Omega 3-6-9 is a blend of Fish, Borage and Flax Seed Oils. This combination of well-known nutritional oils has a unique balance of Omega-3 and Omega-6 Essential Fatty Acids plus Omega-9, a non-essential, but beneficial fatty acid. The Omega-3's, Alpha Linolenic Acid, EPA and DHA, and the Omega-6, GLA, are necessary for the maintenance of cardiovascular, nervous system and skin health. Oleic Acid, an Omega-9, has also been shown to promote a healthy vascular system.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

The Natural Fish Oil Concentrate used in this softgel is manufactured under strict quality control standards. It is tested to be free of potentially harmful levels of contaminants (i.e. mercury, heavy metals, PCB's, dioxins, and other contaminants).

Not manufactured with wheat, gluten, milk, egg, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children. Do Not Eat Freshness Packet. Keep in Bottle.

Store in a cool, dry place after opening. Please Recycle.

NOW®

Super Omega 3-6-9

CARDIOVASCULAR HEALTH*

from Borage, Flax Seed & Fish Oil

1200 mg

90 Softgels

A Dietary Supplement

QUALITY GMP ASSURED

Supplement Facts

Serving Size 2 Softgels Servings Per Container 45

	Amount Per Serving	% Daily Value
Calories	25	
Calories from Fat	20	
Total Fat	2.5 g	4%*
Saturated Fat	< 0.5 g	2%*
Trans Fat	0 g	†
Polyunsaturated Fat	1.5 g	†
Monounsaturated Fat	0.5 g	†
Cholesterol	0 mg	0%
Protein	< 1 g	1%*
Vitamin E (as d-alpha Tocopherol with Mixed Tocopherols)	20 IU	67%
Borage Oil (Seed)	800 mg	†
Natural Fish Oil Concentrate	800 mg	†
Organic Flax Seed Oil	800 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Typical Profile of naturally occurring amounts of fatty acids (per serving)**

Omega-3 Fatty Acids	604 mg	(EPA: 126 mg, DHA: 78 mg)
Omega-6 Fatty Acids	539 mg	(GLA: 160 mg)
Omega-9 Fatty Acids	225 mg	

** per ingredient nutritional profile

Other ingredient: Softgel Capsule (gelatin, glycerin, water).
Contains fish (sardines, anchovies, mackerel). Vitamin E from soy.

Formulated & Distributed by NOW FOODS
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For more product information visit www.nowfoods.com/1839