

Warning: Do not exceed recommended dose. Do not take if pregnant, nursing, or under 18 years old. If you have a medical condition, consult your physician before use. Do not use if safety seal is broken or missing. Store in a cool dry place. Keep out of reach of children.

Made with eco-friendly manufacturing in an FDA registered facility. Manufactured in a facility and equipment that handles: Eggs, Wheat, Milk, Treat Nuts, Peanuts, Soybeans, Crustacean Shellfish, and Fish.

NO ARTIFICIAL FLAVORS
PRESERVATIVES



**FULL TRANSPARENCY
FOR FORMULA**

SUGGESTED USE:

TO SUPPORT
WOMEN'S 50+
HEALTH

**TAKE 2 CAPSULES
ONCE DAILY WITH FOOD.
FOR BEST RESULTS
DRINK PLENTY OF WATER DAILY.**

Distributed By: The BSD Project LLC Nashville, TN 37204

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VALI®

WOMEN'S 50+ MULTI

**DAILY
MULTIVITAMIN**

**DIETARY
SUPPLEMENT**

60
VEGETARIAN
CAPSULES

ENERGY* VITALITY* LONGEVITY*

SUPPLEMENT FACTS

Serving Size: 2 Vegetarian Capsules

Servings Per Container: 30

	Amount Per Serving	%DV*
Vitamin D (as Cholecalciferol)	30 mcg (1,200 IU)	150%
Vitamin E (as Alpha-Tocopheryl Succinate)	10 mg	67%
Thiamin (as Thiamine Hydrochloride)	1 mg	83%
Riboflavin (as Riboflavin)	2 mg	154%
Vitamin B6 (as Pyridoxal 5-Phosphate)	5 mg	294%
Folate (as Folic Acid)	680 mcg DFE	170%
Vitamin B12 (as Methylcobalamin Dicalcium Phosphate)	10 mcg	417%
Biotin (as Biotin Dicalcium Phosphate)	300 mcg	1,000%
Pantothenic Acid (as D-Calcium Pantothenate)	3 mg	60%
Calcium (as Calcium Citrate)	100 mg	8%
Iron (as Iron Citrate)	1 mg	6%
Magnesium (as Dimagnesium Malate)	35 mg	8%
Zinc (as Zinc Oxide)	5 mg	45%
Selenium (as Selenium Chelate)	70 mcg	127%
Chloride (as Potassium Chloride)	275 mg	12%
Potassium (as Potassium Chloride)	300 mg	6%
Digestive Enzyme Blend (DigeSEB™) Amylase, Cellulase, Lactase, Lipase, Protease	10 mg	**
Vitamin K2 (as Menaquinone-7)	50 mcg	**

*Percent Daily Value based on a 2,000 calorie diet.

**%Daily Value (DV) not established.

Other Ingredients: Hydroxypropyl Methylcellulose, Microcrystalline Cellulose, Magnesium Stearate, Silicon Dioxide.

DigeSEB™ is a registered trademark of Specialty Enzymes & Probiotics, Chino, CA.

Disclaimer: These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.