

Warning: Do not exceed recommended dose. Do not take if pregnant, nursing, or under 18 years old. If you have a medical condition, consult your physician before use. Do not use if safety seal is broken or missing. Store in a cool dry place. Keep out of reach of children.

NO

ARTIFICIAL FLAVORS
PRESERVATIVES
ANIMAL PRODUCTS



**FULL TRANSPARENCY
FORMULA**

SUGGESTED USE:

TO SUPPORT
MENSTRUAL
CYCLE
SYMPTOM
RELIEF

**TAKE 2 CAPSULES 1 TIME
DAILY WITH FOOD.
FOR BEST RESULTS TAKE DAILY
AT LEAST 2 WEEKS
BEFORE MENSTRUAL CYCLE.**

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VALI

RENEW

PMS RELIEF*

**DIETARY
SUPPLEMENT**

60

VEGETARIAN
CAPSULES

**HORMONAL BALANCE*
MENSTRUAL CYCLE SUPPORT***

SUPPLEMENT FACTS

Serving Size: 2 Vegetarian Capsules

Servings Per Container: 30

	Amount Per Serving	%DV*
Vitamin C (as Ascorbic Acid)	90 mg	100%
Vitamin B6 (as Pyridoxine Hydrochloride)	25 mg	1,471%
Magnesium (as Magnesium Oxide)	200 mg	48%
Chaste Tree (Vitex agnus castus) Berries Extract	250 mg	**
Licorice (Glycyrrhiza glabra) Root Extract	200 mg	**
Ashwagandha (Withania somnifera) Root Powder	150 mg	**
Chamomile (Matricaria recutita) Flower Extract	150 mg	**
Passionflower (Passiflora incarnata) Herb Powder	100 mg	**
Schisandra (Schisandra chinensis) Berry Powder	75 mg	**
L-Theanine	50 mg	**

*Percent Daily Value based on a 2,000 calorie diet.

**%Daily Value (DV) not established.

Other Ingredients: Hydroxypropyl Methylcellulose, Microcrystalline Cellulose, Magnesium Stearate, Silicon Dioxide.

*Disclaimer: These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Made with eco friendly manufacturing in an FDA registered facility. Manufactured in a facility and equipment that handles: Eggs, Wheat, Milk, Tree Nuts, Peanuts, Soybeans, Crustacean Shellfish, and Fish.

**RENEW AND RESTORE
YOUR HEALTH***