Warning: Do not exceed recommended dose. Do not take if pregnant, nursing, or under 18 years old. If you have a medical condition, consult your physician before use. Do not use if safety seal is broken or missing. Store in a cool dry place. Keep out of reach of children.







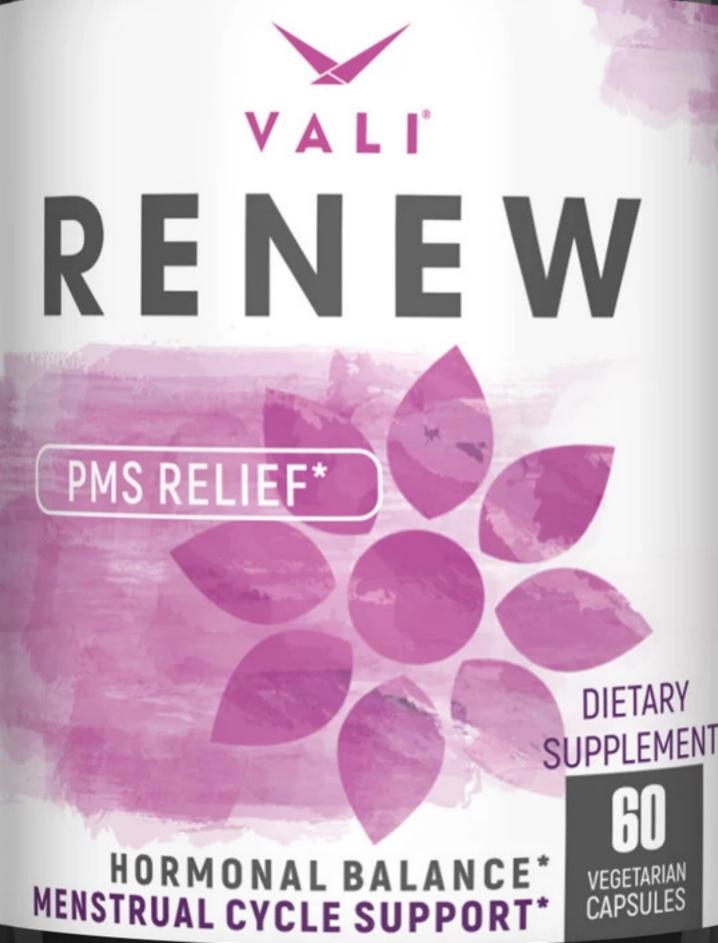


SUGGESTED USE:

TO SUPPORT MENSTRUAL CYCLE SYMPTOM RELIEF BEFORE MENSTRUAL CYCLE.

Distributed By: The BSD Project LLC Nashville, TN 37204 (615) 436-3676, info@valiup.com

www.valiup.com



SUPPLEMENT FACTS

Serving Size: 2 Vegetarian Capsules

Servings Per Container: 30

Amount Per Serving		%DV*
Vitamin C (as Ascorbic Acid)	90 mg	100%
Vitamin B6 (as Pyridoxine Hydrochloride)	25 mg	1,471%
Magnesium (as Magnesium Oxide)	200 mg	48%
Chaste Tree (Vitex agnus castus) Berries Extract	250 mg	**
Licorice (Glycyrrhiza glabra) Root Extract	200 mg	**
Ashwagandha (Withania somnifera) Root Powder	150 mg	**
Chamomile (Matricaria recutita) Flower Extract	150 mg	**
Passionflower (Passiflora incarnata) Herb Powder	100 mg	**
Schisandra (Schisandra chinensis) Berry Powder	75 mg	**
L-Theanine	50 mg	**

Percent Daily Value based on a 2,000 calorie diet. "%Daily Value (DV) not established.

VEGETARIAN

CAPSULES

Other Ingredients: Hydroxypropyl Methylcellulose, Microcrystalline Cellulose, Magnesium Stearate, Silicon Dioxide.

Administration. This product is not intended to diagnose, treat, cure, or prevent any

Made with eco friendly manufacturing in an FDA registered facility. Manufactured in a facility and equipment that handles: Eggs, Wheat, Milk, Tree Nuts, Peanuts, Stybeans, Crustacean Shellfish, and Fish.

RESTORE