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Prenatal Essentials™ is designed to meet the higher nutritional needs of women who are preparing for pregnancy or are pregnant. This formula not only addresses these additional needs in a comprehensive way, but it also reflects recent research by including key nutrients in forms that optimize absorption while being gentle to the digestive tract. Each convenient packet includes:

- Each patient receives 1 multivitamin/mineral capsule and 1 OmegaOne DHA softgel.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Vitamin A: Excess vitamin A intake may be toxic and may increase the risk of birth defects. Pregnant women and women who may become pregnant should not exceed 5,000 IU of (retinoid) vitamin A (retinyl acetate or retinyl palmitate) per day.

STORAGE: Keep tightly closed in a cool, dry place out of reach of children.

DOES NOT CONTAIN: Wheat, gluten, corn, protein, yeast, soy protein, dairy products, shellfish, peanuts, tree nuts, egg, artificial colors, artificial sweeteners, or preservatives.



Prenatal Essentials[™]
*Prenatal Support Packets**
Dietary Supplement

Supplement Facts

[illegible]

Other ingredients by **Private Manufacturing/Wholesale Company (PMW company)**: non-proprietary cellulose, modified pectinates, citric acid and malic acid, flavors, etc.

Other ingredients by **Manufacturer 200**: citric, glycolic, lactic acids, and most other ingredients.

Others: the other 1000s of products.

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1