

Directions:

Adults: take 1 softgel capsule per day, preferably with a meal.

Intensive use: consult your physician.

Store in a cool, dry place.

#Contains three times the Omega-3's as a standard fish oil softgel containing 300 mg per capsule.

*These statements have not been evaluated by the Food and Drug Administration.

This product is not intended to diagnose, treat, cure or prevent any disease.

BLACKMORES®

OMEGA TRIPLE CONCENTRATED FISH OIL

- Triple the omega-3s of standard fish oil#
- Supports heart, brain, eye and joint health*
- Odorless and molecularly distilled to improve quality and purity

150 SOFTGEL CAPSULES | DIETARY SUPPLEMENT



Supplement Facts

Serving Size: 1 softgel capsule

Servings Per Container: 150

	Amount Per Serving	% Daily Value†		Amount Per Serving	% Daily Value†
Calories	13		Fish oil	1500 mg	**
Calories from Fat	13		Total omega-3 fatty acids	900 mg	**
Total Fat	2 g	4%	Eicosapentaenoic acid (EPA)	540 mg	**
Polyunsaturated fat	2 g	**	Docosahexaenoic acid (DHA)	360 mg	**
Cholesterol	11 mg	4%			

†Percent Daily Values are based on a 2,000 calorie diet. ** Daily Value not established.

Other ingredients: Gelatin, glycerin, purified water, mixed tocopherols, natural flavor.

Warnings: If you are pregnant or nursing, or on medication, consult your physician before use. Keep out of reach of children.

Contains: fish and soy.

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Contact Toll Free: 800-495-1539.