

**Directions:**

**Adults:** take 2 softgel capsules per day, preferably with a meal.

**Intensive use:** consult your physician.

Store in a cool, dry place.

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# BLACKMORES®

## FISH OIL 1000

- Supports heart, brain, eye and joint health\*
- Supports a healthy inflammatory response\*
- Mercury tested, no added surfactants

400 SOFTGEL CAPSULES | DIETARY SUPPLEMENT



### Supplement Facts

Serving Size: 2 softgel capsules

Servings Per Container: 200

	Amount Per Serving	% Daily Value†		Amount Per Serving	% Daily Value†
Calories	18		Fish oil	2000 mg	**
Calories from Fat	18		Total omega-3 fatty acids	600 mg	**
Total Fat	2 g	4%	Eicosapentaenoic acid (EPA)	360 mg	**
Polyunsaturated fat	0.6 g	**	Docosahexaenoic acid (DHA)	240 mg	**
Cholesterol	20 mg	6%			

†Percent Daily Values are based on a 2,000 calorie diet. \*\* Daily Value not established.

**Other ingredients:** Gelatin, glycerin, purified water, tocopherol (vitamin E).

**Warnings:** If you are pregnant or nursing, or on medication, consult your physician before use.

Keep out of reach of children.

**Contains:** fish and soy.

**Product of Australia.**

Distributed by ELH Consumer Products LLC, Creswell, OR 97426. Contact Toll Free: 800-495-1539.

\* These statements have not been evaluated by the Food and Drug Administration.

This product is not intended to diagnose, treat, cure or prevent any disease.



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