

RECOMMENDED USE: As a dietary supplement, take 1 capsule daily.

CAUTIONS: Keep out of the reach of children. Consult your physician before taking this or any other dietary supplement. Store in a cool, dry place.

ALLERGY WARNING: This product may be produced in a facility that processes milk, nuts, peanuts, eggs, wheat, soy, crustaceans and fish.

This product has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

 Manufactured in the USA

Distributed exclusively by:
Transformations Medical Weight Loss

1-877STARTNOW (1-877-827-8669)
www.transformationsweightloss.com



TN0068



Transformations®

Weight Loss

Serenity

30 Capsules

SUPPLEMENT FACTS

Serving Size: 1 Capsule

Servings Per Container: 30

Ingredients	Amount Per Serving	%Daily Value
Vitamin A (as Beta Carotene 10%)	900IU	18%
Vitamin C (as Ascorbic Acid)	30mg	50%
Calcium (as Citrate 30%)	9mg	1%
Calcium (as Pantothenate 20%)	6mg	1%
Vitamin D (as Cholecalciferol 500,000 IU)	15IU	4%
Vitamin E (as D-L Alpha Tocopherol 50%)	7IU	23%
Vitamin B1 (as Thiamine HCL)	600 mcg	40%
Vitamin B2 (as Riboflavin 96%)	600 mcg	36%
Niacin (as Niacinamide)	15mg	75%
Vitamin B6 (as Pyridoxine HCL)	1mg	50%
Folic Acid (Folate 97%)	.02mg	5%
Vitamin B12 (as Cyanobalamin 1%)	.003mcg	50%
Biotin D1%	3mcg	1%
Magnesium (as AA Chelate 20%)	10mg	2%
Omega-3 fatty acid	50mg	**

**Daily Value not established. Based on a 2,000 calorie diet.

Other Ingredients: Kava Kava (Root), Choline (as Bitartrate), Inositol, Lecithin (Soy), Valerian (Root), FD&C White, Titanium Dioxide and Gelatin (Capsule).