

SUGGESTED USE: Adults (18 years and older) may take four capsules in the mid-to-late morning with low calorie food. Individual needs may vary.

Day 1: Take 1 capsule in AM with food and 1 capsule at lunch.
Day 2: Take 2 capsules in AM with food and 1 capsule at lunch.
Day 3: Take 2 capsules in AM with food and 2 capsules at lunch.
Day 4, 5, 6 & 7: Take the same dosage as Day 3.

CAUTIONS: Do not consume if you are pregnant or lactating. Not for use by young children. Consult your physician before using this product if your diet consists of less than 1,000 calories per day.

ALLERGY WARNING: This product may be produced in a facility that processes milk, eggs, fish, crustaceans, tree nuts, peanuts, wheat and soy.

This product has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured in the USA

Distributed exclusively by:

Transformations Medical Weight Loss

1-87STARTNOW (1-877-827-8669)

www.transformationsweightloss.com



TN0073



Transformations®

Weight Loss

M.E. Free

124 Capsules

SUPPLEMENT FACTS

Serving Size: 4 Capsules

Servings per container: 31

Ingredients	Amount Per Serving	% Daily Value
Vitamin C (as Ascorbic Acid)	84mg	140%
Vitamin B3 (as Niacinamide)	40mg	200%
Vitamin B6 (as Pyridoxine HCL)	20mg	1000%
Chromium (as Chelate 10%)	.2mg	164%
Potassium (as Citrate 20%)	4mg	.8%
L-Tyrosine	500mg	**
Guarana (Seed) 22%	200mg	**
Green Tea (Leaf)	200mg	**
Yerba Mate (Leaf)	200mg	**
Ginkgo Biloba (Leaf)	100mg	**
DL- Methionine	100mg	**
Vanadium (Chelated 1%)	.16mg	**
Proprietary Blend	1336mg	**

Proprietary Blend: Licorice (Root), Kola Nut (Bark), Korean Ginseng (Root), Uva Ursi, Bladderwrack, Quassia (Bark), Gotu Kola (Bark), Sweet Cinnamon (Bark), Horseradish (Root), Ginger (Root), Turmeric (Root), Cayenne Pepper (Fruit), Fo Ti (Root), Gelatin (Capsule), Magnesium Stearate, Titanium Dioxide, FD&C Blue #1 and FD & C Red #40.

**Daily Value not established. Based on 2,000 calorie diet.