SUGGESTED USE: Take 3 capsules 2 times daily with 8 oz. of water, or as directed by a healthcare professional.

If you are pregnant, nursing, or taking medication, consult your healthcare professional before taking this or any dietary supplement. For adults only.

*These statements have not been evaluated by the Food and Drug Administration and are not intended to diagnose, treat, cure or prevent any disease or health condition.



DIETARY SUPPLEMENT | 200 CAPSULES

Supplement Facts

Serving Size: 3 Capsules Servings Per Container: Approx. 67

1.500ma

**% Daily Value not established.

Amount Per Serving

Psyllium Husk

Other Ingredients: Gelatin Capsules

% Daily Value

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