

Suggested Use: For adults, take one (1) capsule before rest with 8 ounces of water. Do not exceed one (1) capsule daily without express permission from your physician.

CAUTION: Not intended for use by persons under 18 years of age. Consult a health care professional before using this product if you have any medical condition including, but not limited to, strokes, high blood pressure, heart, liver, kidney, or thyroid disease, diabetes, anemia, depression, anxiety, other psychiatric conditions, a family history of these or other medical conditions, or if taking any prescription, OTC and/or other herbal medications.

Pregnant or nursing mothers, children under 18, individuals taking MAO Inhibiting Drugs, or with a known medical condition should consult a physician before using this or any dietary supplement.

KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL DRY PLACE.

†These statements have not been evaluated by the FDA. This product is not intended to diagnose, cure, treat or prevent any disease.



SLEEP SUPPORT

ADVANCED SLEEP FORMULA



PROMOTES
DEEP SLEEP†



LONGER
SLEEP†



MELATONIN
FORMULA†

60 CAPSULES
DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Vegetable Capsule

Servings Per Container: 60

	Amount Per Serving	% DV
Magnesium Amino Acid Chelate	100 mg	5%
Proprietary Blend	683 mg	*
Valerian Root Powder, Hops (4:1 Extract), L-Tryptophan, Lemon Balm Powder, GABA (gamma aminobutyric acid), Chamomile Powder, 5-HTP, Melatonin		

* Daily Value not established

Other Ingredients: Vegetable Cellulose, Rice
Flour, Magnesium Stearate, Silicon Dioxide

Manufactured for:

FORTIFY SUPPLEMENTS
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