



TIMED RELEASE

Niacin

500 mg

DIETARY SUPPLEMENT

CAPTABS®

100



TAMPER RESISTANT - DO NOT USE IF IMPRINTED SAFETY SEAL UNDER CAP IS BROKEN OR MISSING

DIRECTIONS: Adults only: One captab daily as a dietary supplement, or as directed by a physician.

Supplement Facts

Serving Size: 1 Captab

Amount per captab		% Daily Value
Niacin (as nicotinic acid)	500 mg	2500%
Calcium (dicalcium phosphate)	28 mg	3%

Other Ingredients: Hypromellose, stearic acid, silica, magnesium stearate and magnesium silicate.

CAUTION: Niacin may cause a temporary flushing, itching and tingling, feelings of warmth and headache, particularly when beginning, increasing dose, or changing brand of niacin. These effects seldom require discontinuing niacin use. Skin rash, upset stomach, and low blood pressure when standing are less common symptoms; if they persist, contact a physician.

WARNINGS: Do not use this product if you have a known sensitivity or allergy to niacin. Use only under the advice and supervision of a physician if you:

- have heart disease, recurrent chest pain (angina), or recently suffered a heart attack
- are taking high blood pressure or cholesterol lowering drugs (because of possible drug interactions)
- have any of the following conditions: gallbladder disease, gout, arterial bleeding, glaucoma, diabetes, impaired liver function, peptic ulcer, or are a pregnant or lactating woman.



Free of sugar, sodium, starch, soy, gluten, corn, preservatives, yeast, animal by-products, and artificial colors-flavors.

KEEP OUT OF THE REACH OF CHILDREN.

Keep bottle tightly closed. Store between 15° - 30°C (59° - 86°F).

Questions or comments?

Call 1-800-645-2158, weekdays 9 am-5 pm ET



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Control No.:

Exp. Date:

Mfd for: **RUGBY LABORATORIES, INC.**
DULUTH, GEORGIA 30097