

Suggested Use: Adults take two (2) capsules per day, preferably with a meal, or as directed by your health care practitioner. Do not exceed four (4) capsules in a day.

Caution: Do not exceed recommended dose. If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18.

KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

[†]These statements have not been evaluated by the FDA. This product is not intended to diagnose, cure, treat or prevent any disease.

Manufactured For:

FORTIFY SUPPLEMENTS
27068 LA PAZ ROAD
SUITE 765
ALISO VIEJO, CA 92656



CARB UPTAKE

**GLUCOSE DISPOSAL
AGENT**



**MAINTAIN BLOOD
SUGAR LEVELS[†]**



**WEIGHT
CONTROL[†]**

**60 CAPSULES
DIETARY SUPPLEMENT**

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 30

	Amount Per Serving	%DV
Vitamin C (as ascorbic acid)	100 mg	111%
Vitamin E (as d-Alpha tocopheryl succinate)	20 mg	133%
Biotin	600 mcg	2000%
Magnesium (as magnesium oxide)	250 mg	60%
Zinc (as zinc oxide)	15 mg	136%
Manganese (as amino acid chelate)	2 mg	87%
Chromium (as amino acid chelate)	134 mcg	383%

Blood Sugar Support Blend 830 mg *

Guggul (10% extract) (resin), Bitter Melon (4:1 extract) (fruit), Licorice Root Extract, Cinnamon Bark Powder (*Cinnamomum cassia*), *Gymnema sylvestre* Leaf Powder, Alpha Lipoic Acid, Yarrow Flower Powder, Juniper Berry Powder, White Mulberry Leaf Powder, L-Taurine, Banaba Leaf (1% extract) (*Lagerstroemia speciosa*), Cayenne Pepper Powder (40M HU/G) (fruit), Vanadium (vanadyl sulfate),

* (%DV) Daily Value not established

Other Ingredients: Gelatin (bovine), microcrystalline cellulose, rice flour, vegetable magnesium stearate, silicon dioxide.