DRUG INTERACTION PRECAUTION: Since oral iron products interfere with absorption of oral tetracycline antibiotics, these products should not be taken within two hours of each other.

Questions or comments? Call 1-800-645-2158, weekdays 9 am-5 pm ET

www.rugbylaboratories.com



Free of sugar, starch, gluten, sodium, yeast, preservatives, animal by-products, artificial flavors.

Store between 15"-30"C (59"-86"F). Do not expose to excessive heat or moisture.



TAMPER RESISTANT - DO NOT USE IF IMPRINTED SAFETY SEAL UNDER CAP IS BROKEN OR MISSING

DIRECTIONS: Adults only: One tablet daily, preferably with a meal.

## Supplement Facts

Serving Size 1 Tablet

Amount per tablet	% Daily Value	
Iron (as ferrous sulfate)	65 mg	361%
Calcium	20 mg	2%

Other ingredients: dicalcium phosphate, microcrystalline cellulose, croscarmellose sodium, magnesium stearate, FD&C red #40 (Al-lake), FD&C yellow #6 (Al-lake), hypromellose, PEG 400, titanium dioxide

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

WARNINGS: Do not exceed recommended dosage. The treatment of any anemic condition should be under the advice and supervision of a doctor. Occasional gastrointestinal discomfort (such as nausea) may be minimized by taking with meals. Iron-containing medication may occasionally cause constipation or diarrhea.



Lot No.:

Exp. Date:

Mfd for: RUGBY LABORATORIES, INC.

**DULUTH, GEORGIA 30097** 



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