



VITAMIN

E-400
I.U.

SUPPLEMENT

**100 SOFTGEL
CAPSULES**



**TAMPER RESISTANT - DO NOT USE IF IMPRINTED
SAFETY SEAL UNDER CAP IS BROKEN OR MISSING**

DIRECTIONS: Adults: One softgel capsule daily.

Supplement Facts

Serving Size 1 Softgel Capsule

Amount per capsule	% Daily Value
Vitamin E (as dl-alpha tocopheryl acetate) 400 IU	1333%

Other Ingredients: Gelatin, glycerin and purified water

NOTE: Iron supplements (inorganic) should not be taken within 8 hours of Vitamin E ingestion since one may inhibit absorption of the other.



Free of starch, sugar, sodium, gluten, preservatives, yeast, corn, milk products, soy, artificial colors-flavors.

To preserve quality and freshness,
keep bottle tightly closed.

Store between 15°-30°C (59°-86°F).

KEEP OUT OF REACH OF CHILDREN



R0408
120

Control No.:

Exp. Date:

Questions or comments?
Call 1-800-645-2158, weekdays 9 am-5 pm EST

Mfd for: **RUGBY LABORATORIES, INC.**

DULUTH, GEORGIA 30097