

Rugby®

FILM COATED TABLET

Therems[®]-H

MULTIPLE VITAMINS

WITH MINERALS

SUPPLEMENT

90
TABLETSTAMPER RESISTANT - DO NOT USE IF IMPRINTED
SAFETY SEAL UNDER CAP IS BROKEN OR MISSING

DIRECTIONS: One tablet daily.

Supplement Facts

Serving Size 1 Tablet

Amount per tablet		% Daily Value
Vitamin A (as acetate)	1400 IU	28%
Vitamin C (as sodium ascorbate)	100 mg	166%
Vitamin D-3 (cholecalciferol)	140 IU	35%
Vitamin E (as dl-alpha tocopheryl acetate)	5 IU	17%
Thiamine (as thiamine HCl)	3.3 mg	220%
Riboflavin	3.3 mg	194%
Niacin (as niacinamide)	33.3 mg	167%
Vitamin B6 (as pyridoxine HCl)	3.3 mg	165%
Folic Acid	0.33 mg	83%
Vitamin B12 (as cyanocobalamin)	50 mcg	833%
Pantothenic Acid (as calcium pantothenate)	11.7 mg	117%
Calcium (as dicalcium phosphate and calcium pantothenate)	130 mg	13%
Iron (as ferrous fumarate)	27 mg	150%
Magnesium (as oxide)	41.7 mg	10%
Copper (as sulfate)	0.67 mg	34%
Sodium	12 mg	<1%

Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, hypromellose, magnesium stearate, talc, gelatin, silica, titanium dioxide, polyethylene glycol, starch, mineral oil, FD&C red #40 lake, sucrose, sodium ascorbate, triglycerides, sodium benzoate, tocopherols, sorbic acid and BHT.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. **Keep this product out of reach of children.** In case of accidental overdose, call a physician or poison control center immediately.

To preserve quality and freshness, keep bottle tightly closed.
Store between 15°-30°C (59°-86°F).



R101R

120

Control No./Exp. Date:



Questions or comments?
Call 1-800-645-2158, weekdays 9 am-5 pm ET
www.rugbylaboratories.com

Mfd for: **RUGBY LABORATORIES, INC.**
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