



**Suggested Usage:** As a dietary supplement, adults take one (1) tablet daily or as directed by your health care professional.

Gluten-free, Non-GMO.

**Warning:** If you are pregnant, nursing, have any health condition or are taking any medication, consult your health care professional before using this product.

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

KEEP OUT OF REACH OF CHILDREN.

For optimal storage conditions, store in a cool, dry place.  
(59°-77°F/15°-25°C) (35-65% relative humidity)

Tamper Resistant - DO NOT USE IF IMPRINTED SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.

†This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured for: Cooper Concepts, Inc.  
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Formula #201181-60-PL-84121312 V0522



**COOPER COMPLETE®**

# Methyl Folate 1,000 mcg



Physician  
Formulated



for Mood  
Health†

With Metafolin®  
L-5-MTHF



Dietary Supplement

60 Tablets | 60 Servings



## Supplement Facts

Serving Size 1 tablet  
Servings Per Container 60

	Amount Per Serving	% Daily Value
Folate (as Metafolin® L-5-MTHF)	1,667 mcg DFE (1,000 mcg L-5-MTHF)	417%

**Other Ingredients:** Microcrystalline cellulose, dicalcium phosphate, croscarmellose sodium, stearic acid, vegetable stearate and silica