## DIRECTIONS FOR LISE

Age 5 to 12 years: 3 tablets per day. For optimal results take first thing in the morning.

Xtend-Life™ Total Balance Children's is a comprehensive nutrient system containing a broad range of nutrients to help support healthy development\* and wellness\* in children.

Store in a cool, dry place.



\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION, THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

Batch number-

Manufactured-

Use by date:



## total balance children's dietary supplement

Comprehensive Nutrient System

Advanced Formula Enteric Coated



90 TABLETS



## Supplement Facts Serving size, 3 Tablets

Amount Per Serving	Servings per container: 30		
Total Caribohydrate	Amount Per Serving		%DV
Dietary Fiber   Vitamin A (from Natural Beta Carotene and Natural Med Carotenoids)	Calories	10	
Vitamin A (from Natural Beta Carotene and Natural Mixed Carotenoids)	Total Carbohydrate	<1 g	<1%*
Natural Mixed Cardenoids	Dietary Fiber	<1 g	2%*
Potassium Ascorbale, Ascorbyl Palmitately         69 ng         77%           Vitamin D (as Cholecalciferol) (600 IU)         15 mcg         75%           Vitamin E (from D-Alpha Tocopheryl Succinate)         5 mg         33%           Thiamin (as Thiamin HCI)         1.2 mg         100%           Ribotlavin (as Ribotlavin-S-Phosphate)         1.5 mg         31%           Nicacin (as Nicotinic Acid & Niacinamide)         1.5 mg         38%           Nicacin (as Nicotinic Acid & Niacinamide)         1.5 mg         89%           Folate (as Calcium         1.5 mg         85%           L-5-methyltetrahydrofolate)         100 mcg         25%           Vitamin B12 (as Cobamamide)         2 mcg         85%           Biotin         8 mcg         269%           Pantothenic Acid (as Calcium Pantothenate)         5.1 mg         102%           Choline (as Choline Bitatrate and Phosphately Choline)         9 mg         2 %           Calcium (trom Red Algae (Lithothamnium species), Dicalcium Phosphate, Calcium Septelly (Lithothamnium species), Dicalcium Phosphate, Calcium Septellytetrahydrofolate)         20 mg         2%           Iodine (as Potassium Indice)         150 mg         10%         8         8           Ascorbate, Calcium Pantothenate, Calcium L-Senthyltetrahydrofolate)         150 mg         20			46%
Vitamin D (as Cholecalciferol) (600 III)         15 mcg         75%           Vitamin E (from D-Alpha Tocopheryl Succinate)         5 mg         33%           Thiamim (as Ribálmin HCl)         1.2 mg         100%           Ribórlavin (as Ribórlavin-S-Phosphate)         1.5 mg         87%           Nicain (as Ribórlavin-S-Phosphate)         1.5 mg         89%           Folate (as Calcium         2 mg         85%           Folate (as Calcium         2 mg         85%           Biotin         3 mg         25%           Pantothenic Acid (as Calcium Pantothenate)         5 mg         10%           Phosphatidyl Choline)         9 mg         2 %           Calcium (Ton Red Algae (Lithothammium species), Dicalcium Phosphate, Calcium         20 mg         2%           Calcium L-S-methyltetrahydrolotlar         22 mg         2%	Vitamin C (as Calcium Ascorbate,		
Thiamin (as Thiamin HCl)			75%
Thiamin (as Thiamin HC)         1.2 mg         10.0 mg         78%           Riboflavin (as Riboflavin-S-Phosphate)         1.0 mg         78%         31%           Niacin (as Nicotnic Acid & Macinamide)         5 mg         31%         32%         25%         25%         25%         25%         25%         25%         25%         25%         27%         25%         25%         27%         27%         25%         27%         27%         25%         27%         27%         25%         27%	Vitamin E (from D-Alpha Tocopheryl Succina	ate) 5 mg	33%
Riboflavin (as Riboflavin-S-Phosphate)   1.0 mg   78%   Niacin (as Nicotinic Acid & Niacinamide)   5 mg   37%   1.5 mg   97%   1.5 mg   39%   1.5 mg   39%			100%
Vitamin B6 (as Pyridoxal-5-Phosphate)         1.5 mg         89%           Folate (as Calcium         100 mcg         25%           Vitamin B12 (as Cobamanide)         2 mcg         85%           Biotin         8 mcg         269%           Pantothenic Acid (as Calcium Pantothenate)         5.1 mg         102%           Choline (as Choline Bitartrate and Phosphatidy Choline)         9 mg         2 %           Calcium (from Red Algae Chaclium Ascorbate, Calcium Phosphate)         20 mg         2%           Iodine (as Potassium Indrodotle)         150 mcg         100%           Magnesium (as Magnesium Hydroxide (from Sea Water)         33 mg         8%           Zinc (as Zinc Citrate)         2.2 mg         20%           Selenium (as L-Selenomethionine)         40 mg         73%           Copper (as Copper Gluconate)         0.1 mg         11%           Manganese (as Manganese Citrate)         0.6 mg         26%           Chromium (as Chromium Protoinate)         40 mg         73%           Copper (as Copper Gluconate)         0.1 mg         11%           Chromium (as Chromium Protoinate)         44 mg         12%	Riboflavin (as Riboflavin-5-Phosphate)		
Folate (as Calcium   L-5-methyltetrahydrofolate)	Niacin (as Nicotinic Acid & Niacinamide)	5 mg	31%
Folate (as Calcium   L-5-methyltetrahydrofolate)	Vitamin B6 (as Pyridoxal-5-Phosphate)		89%
Vitamin B12 (as Cobamamide)         2 mcg         85%           Pantothenic Acid (as Calcium Pantothenate)         51 mg         269%           Pantothenic Acid (as Calcium Pantothenate)         51 mg         102%           Choline (as Choline Bitartrate and Phrosphatidyl Choline)         9 mg         2 %           Calcium (from Red Algae (Lithothamnium species), Dicalcium Pantothenate,         20 mg         2%           Calcium 1-5-methyltetrahydrofolate)         150 mg         100%           Magnesium (as Potassium Iodide)         150 mg         100%           Magnesium (as Magnesium Hydroxide (from Sea Water)         2.2 mg         20%           Sicinc (as Zinc Citrate)         2.2 mg         20%           Selenium (as L-Selenomethionine)         40 mg         73%           Copper (as Copper Gluconate)         0.1 mg         12%           Manganese (as Manganese Citrate)         0.6 mg         26%           Chromium (as Chromium Picolinate)         44 mg         126%			
Side	L-5-methyltetrahydrofolate)	100 mcg	25%
Pantothenic Acid (as Calcium Pantothenate)   5.1 mg   102%	Vitamin B12 (as Cobamamide)	2 mcg	85%
Choline (as Choline Bitartrate and Phosphatidy) Choline)         9 mg         2 %           Calcium (from Red Algae (Lithothamnium species), Dicalcium Phosphate, Calcium Ascothate, Calcium Pantotherate, Calcium Fantotherate, Calcium Pantotherate, Calcium Sacriate, Calcium Pantotherate, Calcium Sacriate, Calcium Pantotherate, Ca	Biotin	81 mcg	269%
Phosphatidyl Choline)         9 mg         2 %           Calcium (from Red Algae (Lithothammium species), Dicalcium Phosphate, Calcium Secretale, Calcium Pantothenate, Calcium II—5 metryltetarlydrololate)         20 mg         2%           Iodine (as Patassium Indide)         150 mcg         100%           Magnesium (as Magnesium Hydroxide (from Sea Water)         33 mg         8%           Zinc (as Zinc Citrate)         22 mg         20%           Selenium (as L-Selenomethionine)         40 mg         73%           Copper (as Copper Gluconate)         0.1 mg         12%           Manganese (as Manganese Citrate)         0.6 mg         26           Chromium (as Chromium Proclinate)         44 mg         126%	Pantothenic Acid (as Calcium Pantothenat	e) 5.1 mg	102%
species), Dicalcium Phrosphate, Calcium Ascorbate, Calcium Partothenate, Calcium Partothenate, Calcium L-5-methyltetralydrololate)         20 mg         2%           Calcium L-5-methyltetralydrololate)         150 mg         100%           Magnesium (as Potassium lodide)         33 mg         8%           Zinc (as Zinc Citrate)         2.2 mg         20           Selenium (as L-Selenomethionine)         40 mg         73%           Copper (as Copper Gluconate)         0.1 mg         11%           Manganese (as Manganese Citrate)         0.6 mg         26%           Chromitum (as Chromium Picolinate)         44 mg         128%	Phosphatidyl Choline)	9 mg	2 %
lodine (as Potassium lodide)         150 mcg         100%           Magnesium (as Magnesium Hydroxide (from Sea Water)         33 mg         8%           Zinc (as Zinc Citrate)         2.2 mg         20%           Selenium (as L-Selenomethionine)         40 mg         73%           Copper (as Copper Gluconate)         0.1 mg         11%           Manganese (as Manganese Citrate)         0.6 mg         26%           Chromium (as Citromium Picolinate)         44 mg         128%	species), Dicalcium Phosphate, Calcium		
Magnesium (as Magnesium Hydroxide (from Sea Water)         33 mg         8           (from Sea Water)         2.2 mg         20%           Selenium (as L-Selenomethionine)         40 mg         73%           Copper (as Copper Gluconate)         0.1 mg         11 mg         12 kg           Manganese (as Manganese Citrate)         0.6 mg         26%         26%           Chromitum (as Chromium Picolinate)         44 mg         128%	Calcium L-5-methyltetrahydrofolate)		
(from Sea Water)         33 mg         8%           Zinc (as Zinc Citrate)         2.2 mg         20%           Selenium (as L-Selenomethionine)         40 mg         73%           Copper (as Copper Gluconate)         0.1 mg         11%           Manganese (as Manganese Citrate)         0.6 mg         26%           Chromium (as Chromium Picolinate)         44 mg         126%	lodine (as Potassium lodide)	150 mcg	100%
Zinc (as Zinc Citrate)         2.2 mg         20%           Selenium (as L-Selenomethionine)         40 mcg         73%           Copper (as Copper Gluconate)         0.1 mg         11%           Manganese (as Manganese Citrate)         0.6 mg         26%           Chromium (as Chromium Picolinate)         44 mcg         126%		33 mg	8%
Selenium (as L-Selenomethionine)         40 mcg         73%           Copper (as Copper Gluconate)         0.1 mg         11%           Manganese (as Manganese Citrate)         0.6 mg         26%           Chromium (as Chromium Picolinate)         44 mcg         126%			
Copper (as Copper Gluconate)     0.1 mg     11%       Manganese (as Manganese Citrate)     0.6 mg     26%       Chromium (as Chromium Picolinate)     44 mcg     126%			
Manganese (as Manganese Citrate) 0.6 mg 26% Chromium (as Chromium Picolinate) 44 mcg 126%			
Chromium (as Chromium Picolinate) 44 mcg 126%			
	Molybdenum (as Molybdenum Glycinate)	12 mcg	27%

Amount Per Serving	%	DV
Aloe Vera Leaf Extract	50 mg	**
Nigella Seed Extract	50 mg	**
Taurine	50 mg	**
Turmeric Root Extract	50 mg	**
Beta Glucan (from Yeast)	35 mg	**
Sea Buckthorn Fruit Extract		
(CyanthOxTM30)	30 mg	**
Blackcurrant Extract (0xi-fend®)	25 mg	**
Dimethylglycine HCI	25 mg	**
Ginger Root Extract	25 mg	**
L-Arginine HCI	25 mg	**
L-Lysine HCI	25 mg	**
L-Methionine	25 mg	**
L-Tyrosine	25 mg	**
Astragalus Root Extract	20 mg	**
Bacopa Leaf Extract	20 mg	**
Betain HCI	20 mg	**
L-Cysteine	20 mg	**
MSM (Methylsulfonyl Methane)	20 mg	**
Olive Leaf Extract	20 mg	**
Papain (from Papaya Fruit)	20 mg	**
Pau D'Arco Root Extract	20 mg	**
Inositol	15 mg	**
L-Ornithine HCI	15 mg	**
L-Proline	15 mg	**
DeltaGold® Tocotrienol Complex (30%		
Tocotrienols, 3.9 mg)	13 mg	**
Grape Seed Extract	12 mg	**
Phosphatidyl Choline		
(from Sunflower Seed Lecithin)	11 mg	**
Amylase (from Aspergillus oryzae)	10 mg	**
Bromelain (from Pineapple Stem)	10 mg	**
Guggul Gum Extract	10 mg	**
L-Carnosine	10 mg	**
L-Glutamine	10 mg	**
Mineral Sea Salts	10 mg	**
N-Acetyl Glucosamine	10 mg	**

RNA (Ribonucleic Acid from Yeast)

10 mg \*\*

Amount Per Serving	%	D۷
Reduced Glutathione	10 mg	**
Lipase (from Aspergillus niger)	6 mg	**
Alfalfa Leaf & Stem Extract	5 mg	**
Alpha Lipoic Acid	5 mg	**
PABA (p-Aminobenzoic Acid)	5 mg	**
Piperine (from Black Pepper)	5 mg	**
R-Lipoic Acid	5 mg	**
SAMe (from 9.5 mg of		
S-Adenosylmethionine Tosylate)	5 mg	**
Trans-Resveratrol (from Japanese Knotweed Ro	ot) 5 mg	**
Phosphatidyl L-Serine (from Sunflower)	4 mg	**
Coenzyme Q-10	3 mg	**
Rutin (from Japanese Sophora Bud)	1.9 mg	**
Policosanol (from Sugar Cane)	1.6 mg	**
Lutein (from Aztec Marigold Flower)	1.25 mg	**
ATP (from Yeast)	1 mg	**
Bamboo Extract	800 mcg	**
Astaxanthin (from Haematococcus pluvialis)	352 mcg	**
Lycopene (from Tomato)	180 mcg	**
Boron (as Boron Citrate)	100 mcg	**
Zeaxanthin (from Aztec Marigold Flower)	100 mcg	**

<sup>\*</sup> Percent daily values (DV) are based on a 2000 calorie diet \*\* Daily value (DV) not established

Other Ingredients: Microcrystalline Cellulose, Dextrose, Enteric Coating (Purified Water, Ethylcellulose, Ammonium Hydroxide, Medium Chain Triglycerides, Oleic Acid, Sodium Carboxymethyl Cellulose, Talc. Polydextrose), Maltodextrin, Silicon Dioxide, Sodium Carboxymethyl Cellulose, Tripotassium Citrate, Rice Extract, Rice Hulls, Gum Arabic, Sunflower Oil.

## Manufactured by NATURAL PRODUCTS (NZ) LTD MEMBER OF THE XTEND-LIFE GROUP 12 MARY MULLER DRIVE

CHRISTCHURCH 8022 NEW 7FALAND USA/CANADA PH: 1888 487 9304 INTERNATIONAL PH: +64 3 384 2116 WWW.XTEND-LIFE.COM