





TAMPER RESISTANT – DO NOT USE IF IMPRINTED SAFETY SEAL UNDER CAP IS BROKEN OR MISSING

DIRECTIONS: Adults only. One tablet daily as a dietary supplement, or as directed by a physician.

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Serving Size 1 Tablet

Amount per tablet

% Daily Value

Niacin (as nicotinic acid)

500 mg

2500%

Other ingredients: Microcrystalline cellulose, croscarmellose sodium, stearic acid, hydroxypropyl cellulose, magnesium stearate.

CAUTION: Niacin may cause temporary flushing, itching and tingling, feelings of warmth and headache, particularly when beginning, increasing dose, or changing brand of niacin. These effects seldom require discontinuing niacin use. Skin rash, upset stomach, and low blood pressure when standing are less common symptoms; if they persist, contact a physician.

WARNINGS: Do not use this product if you have a known sensitivity or allergy to niacin. Use only under the advice and supervision of a physician if you:

- have heart disease, recurrent chest pain (angina), or recently suffered a heart attack.
- are taking high blood pressure or cholesterol lowering drugs (because of possible drug interactions)
- have any of the following conditions: gallbladder disease or impaired liver function, gout, arterial bleeding, glaucoma, diabetes, peptic ulcer, or are a pregnant or



Free of sugar, sodium, starch, soy, gluten, preservatives, yeast, animal by-products, artificial colors-flavors.

To preserve quality and freshness, keep bottle tightly closed. Store between 15°-30°C (59°-86°F).

KEEP OUT OF REACH OF CHILDREN

This is a bulk package. Dispense contents with a child-resistant closure in a tight, light-resistant container as defined in the USP.

Control No .:

Exp. Date:

4078-1

*Questions or comments? , Call 1-800-645-2158, weekdays 9 am-5 pm ET

www.rugbylaboratories.com

Mfd for: RUGBY LABORATORIES, INC.