

DIRECTIONS FOR USE

Adults: 2 capsules per day.

For optimal benefits, take at least 30 minutes after a meal. Can be taken any time of the day or night.

Xtend-Life™ Serene Saffron is a natural product designed to help manage feelings of stress and low mood and promote an improved sense of wellbeing. Users may also benefit from support for weight management, libido and sleep*.

Store in a cool, dry place.

Batch number:

Manufactured:

Use by date:



SERENE
SAFFRON
with KSM-66® ASHWAGANDHA



DIETARY SUPPLEMENT
60 VEGE CAPSULES



Supplement Facts

Serving size: 2 Capsules
Servings per container: 30

Amount Per Serving	%DV*	
Vitamin B6 (as Pyridoxal-5-Phosphate)	1.3 mg	76%
Folate (as Calcium L-5-methyltetrahydrofolate)	150 mcg	38%
Vitamin B12 (as Cobamamide)	24 mcg	1000%
Magnesium (from 545mg AQUAMIN® Magnesium Hydroxide from sea water)	180 mg	43%
KSM-66® Ashwagandha	600 mg	**
L-Theanine	200 mg	**
Safr'Inside™ Saffron Extract (equivalent to 150 mgs of fresh Saffron)	30 mg	**

* Percent daily values (DV) are based on a 2000 calorie diet
** Daily value (DV) not established

Other Ingredients: Capsule (Hydroxypropylmethyl Cellulose, Water).
Safr'Inside™ is a registered trademark of Activ'Inside.

Manufactured by
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***THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.**