

100 CAPSULES

DIETARY SUPPLEMENT

500 mg

EXTENDED RELEASE  
**Niacin**



TAMPER RESISTANT - DO NOT USE IF IMPRINTED  
FOIL SEAL UNDER CAP IS BROKEN OR MISSING

DIRECTIONS: Adults only: One capsule daily as a dietary supplement. Do not take more than this amount unless directed by a physician.

## Supplement Facts

Serving Size 1 Capsule

Amount per capsule	% Daily Value
Niacin (as Nicotinic Acid) 500 mg	2500%

Other ingredients: Shellac, gelatin, sugar, talc, corn starch, titanium dioxide and FD&C blue #1.

**CAUTION:** Niacin may cause temporary flushing, itching and tingling, feelings of warmth and headache, particularly when beginning, increasing dose, or changing brand of niacin. These effects seldom require discontinuing niacin use. Skin rash, upset stomach, and low blood pressure when standing are less common symptoms; if they persist, contact a physician.

**WARNINGS:** Do not use this product if you have a known sensitivity or allergy to niacin. Use only under the advice and supervision of a physician if you:

- have heart disease, recurrent chest pain (angina), or recently suffered a heart attack,
- are taking high blood pressure or cholesterol lowering drugs (because of possible drug interactions),
- have any of the following conditions: gallbladder disease, gout, arterial bleeding, diabetes, impaired liver function, peptic ulcer, or are a pregnant or lactating woman.



Free of sodium, preservatives, milk products, gluten, artificial flavors.

To preserve quality and freshness, keep bottle tightly closed.

Store at 20°-25°C (68°-77°F).

KEEP OUT OF REACH OF CHILDREN



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Control No.:

Exp. Date:

Questions or comments?

Call 1-800-645-2158, weekdays 9 am-5 pm ET

Mfd for: RUGBY LABORATORIES, INC.

DULUTH, GEORGIA 30097