

**Suggested Use:** Take two (2) soft gels once or twice daily with meals or as directed by your health care practitioner.

**TrueOmega-3™** contains:

- Fish oil sustainably sourced from wild Alaskan Pollock, purified beyond industry standards and a leader in "freshness".
- A total of 818mg per serving (2 soft gels) of the EPA and DHA omega-3 fatty acids.

- Keep out of reach of children
- Do not use if seal is broken or missing
- Store in a cool dry place



**WARNING:** If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.



†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



# TrueOmega-3™

## Pure & Potent Fish Oil

### Heart, Brain & Joint Support†

## Dietary Supplement 60 Soft Gels

### Supplement Facts

Serving Size: 2 soft gels  
Servings per Container: 30

|                                | Amount Per Serving | % Daily Value |
|--------------------------------|--------------------|---------------|
| Calories                       | 14                 |               |
| Total Fat                      | 1 g                | 1%*           |
| Fish Oil                       | 1300 mg            | **            |
| Omega-3 Fatty Acids:           |                    |               |
| EPA (eicosapentaenoic acid) EE | 468 mg             | **            |
| DHA (docosahexaenoic acid) EE  | 350 mg             | **            |
| Mixed Tocopherols              | 3 mg               | **            |

\* Percent Daily Values Are Based on a 2000 Calorie Diet  
\*\* Daily Value not established.

**Other Ingredients:** Gelatin, glycerin, purified water, sunflower oil and turmeric.

AlaskOmega is a registered trademark of Organic Technologies.

Manufactured for and Distributed by:

NatureCity® - 990 S. Rogers Circle, Boca Raton FL 33487

**TO RE-ORDER CALL TOLL-FREE: 1-800-593-2563**

**www.naturecity.com**