

**Rugby**<sup>®</sup>

# Niacin

100 mg

DIETARY SUPPLEMENT

1000  
TABLETS



TAMPER RESISTANT - DO NOT USE IF IMPRINTED SAFETY SEAL UNDER CAP IS BROKEN OR MISSING

**DIRECTIONS:** Adults only: One tablet daily as a dietary supplement, or as directed by a physician.

## Supplement Facts

Serving Size 1 Tablet

Amount per tablet		% Daily Value
Niacin (as nicotinic acid)	100 mg	500%
Calcium	35 mg	3%

**Other Ingredients:** Dicalcium phosphate, microcrystalline cellulose, magnesium silicate and stearic acid.

**CAUTION:** Niacin may cause temporary flushing, itching and tingling, feelings of warmth and headache, particularly when beginning, increasing dose, or changing brand of niacin. These effects seldom require discontinuing niacin use. Skin rash, upset stomach, and low blood pressure when standing are less common symptoms; if they persist, contact a physician.



Free of sugar, starch, sodium, soy, gluten, preservatives, yeast, corn, animal by-products, artificial colors and flavors.

To preserve quality and freshness, keep bottle tightly closed. Store between 15°-30°C (59°-86°F).

**KEEP OUT OF REACH OF CHILDREN**

This is a bulk package. Dispense contents with a child-resistant closure in a tight, light-resistant container as defined in the USP.



Control No.:

Exp. Date:

Questions or comments?  
Call 1-800-645-2158, weekdays 9 am-5 pm ET

Mfd for: **RUGBY LABORATORIES, INC.**  
**DULUTH, GEORGIA 30097**