

Suggested Use: Take one to two (1-2) soft gels daily with meals or as directed by your healthcare practitioner.

TrueCoQ10™ contains the “reduced” form of CoQ10 called “ubiquinol” which is the form the body uses most. The ubiquinol is combined with special “crystal-free” technology to create CoQH-CF™ - which provides superior CoQ10 benefits.

- Keep out of reach of children
- Do not use if seal is broken or missing
- Store in a cool dry place



†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



TrueCoQ10™

100mg Ubiquinol Heart & Brain Support†

Dietary Supplement 30 Soft Gels

Supplement Facts

Serving Size: 1 Soft Gel

Servings per Container: 30

	Amount Per Serving	% Daily Value
Calories	1	
Calories from Fat	0 g	
Total Fat	0 g	0%*
Cholesterol	0 g	0%*
CoQH-CF™ ubiquinol (Kaneka Ubiquinol™ reduced form of CoQ10)	100mg	**
* Percent Daily Values are based on a 2000 calorie diet		
** Daily value not established		

Other ingredients: D-limonene oil, gelatin, glycerin, purified water, caprylic acid, capric acid, caramel liquid, alpha lipoic acid.

Q+®, Kaneka Ubiquinol™, and the Quality Seal™ are registered or pending trademarks of Kaneka Corp. / CoQH-CF™ is a trademark of Soft Gel Technologies, Inc.

Manufactured for and Distributed by: NatureCity®

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TO RE-ORDER CALL TOLL-FREE: 1-800-593-2563

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