Suggested Use: Take one (1) capsule per day after a meal or as directed by a health care professional. Soy Made from four plant sources.

Fortified with Quatrefolic® active folate and MecobalActive® vitamin B12. NON **GMO** Keep out of reach of children Do not use if seal is broken or missing

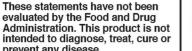




prevent any disease.









Gluten

PACKAGED

IN THE USA

Dietary Supplement 30 Veggie Capsules

TrueB

Plant Based

Vitamin B-Complex

Supplement Facts Serving Size: 1 capsule

Servings per Container: 30

Thiamin (from organic blend of guava fruit, holy basil leaf, and Citrus limon peel extracts) (Orgen-B's®) Riboflavin (from organic blend of guava fruit, holy basil leaf, and Citrus limon peel extracts) (Orgen-B's®) Niacin (from organic blend of guava fruit, holy basil leaf, and Citrus limon peel extracts) (Orgen-B's®)

Folate [as (6S)-methyltetrahydrofolic acid, glucosamine salt (Quatrefolic®) & organic blend of guava fruit, holy basil leaf, and Citrus limon peel extracts] (Orgen-B's®) Vitamin B12 (as methylcobalamin) (MecobalActive®)

leaf, and Citrus limon peel extracts) (Orgen-B's®)

Vitamin B6 (from organic blend of guaya fruit, holy basil 6.5 mg

Biotin (from organic sesbania leaf extraxt) (Orgen-Bio®) 500 mcg

Pantothenic acid (from organic blend of guava fruit, holy 11.2 mg basil leaf, and Citrus limon peel extracts) (Orgen-B's®)

* Daily Value not established

Other ingredients: Hypromellose, Organic rice extract blend (Organic rice extract,

organic rice hulls, organic gum arabic and organic sunflower oil), and silica. Orgen-B's® and Orgen-Bio® are trademarks of Orgenetics, Inc. / Quatrefolic® is a registered trademark of Gnosis S.p.A., U.S. Patent No. 7,947,662 / Mecobalactive® is a registered trademark of HealthTech BioActives, S.L.U.

Amount Per

Serving

6.5 mg

5.9 ma

865 mcg DFE

% Daily

Value

542%

454%

63%

382%

216%

1,667%

224%

250 mcg 10,417%

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