Suggested Use: Take one (1) capsule or more daily with water, or use as directed by your health care practitioner.

TrueALA™ promotes healthy levels of R-alpha lipoic acid and antioxidants in the body.†

- Keep out of reach of children
- · Do not use if seal is broken or missing Store in a cool dry place







†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Dietary Supplement

30 Veggie Capsules

Supplement Facts Serving Size: 1 Capsule Servings per Container: 30

100 mg*

Amount Per Serving

R-Alpha-Lipoic Acid (from Bio-Enhanced® Na-Rala)

*Daily value not established.

Other ingredients: Rice flour, hypromellose, vegetable magnesium stearate and silica.

Manufactured for and Distributed by: NatureCity® 990 S. Rogers Circle, Boca Raton FL 33487

TO RE-ORDER CALL TOLL-FREE: 1-800-593-2563 www.naturecity.com