

Suggested Usage: Take 3 softgels daily with food.

Coconut oil is a traditional dietary staple of the people of Asia, Africa, and the Pacific Islands and has been used in Ayurvedic herbalism for thousands of years. Our Virgin Coconut Oil is an unrefined, cold-pressed oil, and does not utilize any solvents in the manufacturing process. Coconut oil is abundant in medium-chain triglycerides (MCTs), such as lauric acid (C12) and caprylic acid (C8). MCTs are less likely to be stored in the body as fat than most other fatty acids.* When combined with essential fatty acids, it is a perfect addition to an overall balanced lipid program.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Natural color variation may occur in this product.

This product may begin to solidify at temperatures below 78°F (26°C).

Store in a cool, dry place after opening.

Distributed by Lucky Health Group Inc.
Conshohocken, PA 19428, USA
1-888-635-0474

Certified Organic by QAI

www.LuckyVitamin.com



1 YEAR
happiness
GUARANTEE

SOFTGEL SIZE



**LUCKY
VITAMIN**

Virgin Coconut Oil

1,000 mg

- Abundant in MCTs, Keto Friendly
- Cold Pressed and Unrefined
- Made with Organic Coconut Oil

120 Softgels

Dietary Supplement

Supplement Facts

Serving Size 3 Softgels Servings Per Container 40

	Amount Per Serving	% Daily Value
Calories	30	
Total Fat	3 g	4%**
Saturated Fat	2.5 g	13%**
Protein	< 1 g	
Organic Virgin Coconut Oil	3 g (3,000 mg)	†
Medium-Chain Triglycerides (MCTs)	1.5 g (1,500 mg)	†

** Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Softgel Capsule [bovine gelatin (BSE-free), organic glycerin, water].

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

**Non-
GMO**

LU1718 V1